

# Global Awakening News

*Commentary and Guidance for Enlightened Change During Rapidly Changing Times*

A-List Update #16

## Notes from September

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Link to PDF version of AUGUST Update #17:

<http://www.pfcn.net/bulletins/Update-August-2011.pdf>

Link to PDF version of SEPTEMBER Update #16:

<http://www.pfcn.net/bulletins/Update-September-2011.pdf>

Link to PDF version of OCTOBER Update #15:

<http://www.pfcn.net/bulletins/Update-October-2011.pdf>

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<http://www.pfcn.net/bulletins/Update-December-2011.pdf>

*“The All of Creation is calling all of Itself in to complete its own greater purposes. This vastness is ‘home’, and each miniscule part of Itself has a home within this vast home.”*

*“We are developing our self-identification as spiritual beings and not as human beings. Our greater spiritual selves are completing their learning of lower levels of density. Where there is a mutuality of spiritual evolution, our greater totality moves further into its evolution as creator beings.”*

*“Please remember, being humanly embodied or not, being confused about ones true nature or not, does not affect or define the true reality of ones true nature.”*

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**A special note...**

**...concerning the enormous correction energies that have enveloped this portion of creation.**

**Imagine you have scooped up a bucketful of fish and the water they are swimming in as you prepare them for something new in their existence.**

**The water is still the same water, with all sorts of things wiggling and swimming around in it.**

**Just because we may be surrounded by this new energy, does *not* mean that all the Dark entities have been removed from the vibrational fluid we are swimming in.**

**That will take a little “time”.**

## What Remains?

September 2011

<http://newearthsummit.org/forum/index.php/topic,1127.msg4797.html#msg4797>

In rejecting all the falsehoods of the present personal human existence and those of the collective human existence, what remains?

This is a very risky question for many of us these days. It is as if diving off a precipice, not entirely sure if one flies or changes into something new.

In some ways, we are being asked to set aside anything and everything in favor of something that has never been in this realm before.

Yet, for some there has been too little of a basis for the human self to trust this “other”, the higher soul being. The soul being from its perspective has needed to maintain its own higher levels as intact as possible and not risk “losing all” in the traps of the fallen sector.

When one takes in the depth and breadth of the problems and inherent limitations of human 3d reality, then “taking the risk” becomes an easier response, perhaps even interesting or exciting. What else is there?

Sooner or later, this process involves the human personal-self stepping to one side of the main stage of ones human sense of being, to make room for something “other”. Rather than annihilation of personal self, it may be possible to find higher levels of awareness that lead to higher knowing. Higher knowing leads to real truth, real truth leads to proper spiritual free-will.

We now have the present and incoming higher energies of true Source and the "correction energies", only recently has this become tangible at the human level.

The outcome may connect the learning across all levels of our respective existences toward our own unique, personal collective and greater cosmic self toward an unknown but brilliant spiritual evolutionary potential.

-ASK

## Self-Referencing, Self-Teaching, Truth, and Knowing

September 18, 2011

<http://newearthsummit.org/forum/index.php/topic,908.msg5423.html#msg5423>

Someone I recently met here recently asked me what to tell their two young sons (in their 20's perhaps). They were concerned for them as a mother would be, especially for one who is more concerned with the greater Reality. I suggested there was little one can really do to change anyone, but she could tell them to "get Real", to look for what is real Truth, to urge them to find or intend ways of the most greatest importance to them as a spiritual being.

To look beyond what is superficial and what is "taught" by other humans as "important" but that which really is not at all important.

This has been an important dynamic for me since I first arrived in 3d via a human body-self. In other words, this was part of my internal guidance system. To always question –why, what for, etc. To seek answers from others or from myself through my own direct observation and questioning and testing.

There are no fancy "techniques" to this. It is up to you to pay attention and to attend to your process of paying attention.

It is in fact how one really *knows* the *truth* of something, whether it be about something in physical reality or higher knowing.

Eventually you come into contact with others who are also “seeing truth of reality” through common interests and or a shared resonance. At that point you can compare notes and what you share in this is greater than the mere sum of the parts. And then you come upon others, etc. This process extends beyond earthly human existence to the higher levels as well.

It becomes like a personal “signature”.

This is not easy to carry off in this realm of course, but it is doable, and it serves those who live this way very well.

Thus you become self guiding and self referencing within a greater context of higher Oneness, always extending and expanding farther outwards or upwards.

-ASK

## The Bifurcation

September 20, 2011

<http://newearthsummit.org/forum/index.php/topic.1245.msg5431.html#msg5431>

Something that I have described, although not in gory detail, is the non-spiritualized bifurcation branch of global humanity. This is a mixed lot with a wide range of expression from anger and civil war – neighbor versus neighbor and mass populace against anything/anyone perceived to be “privileged” (equating to the enemy) – to more peaceful forms of survivalism and cooperation. Some will simply withdraw inside themselves to either wither away or catch the spiritual energies and thus become truly free.

Those comprising the bulk of this non-spiritualized mass bifurcation can already be seen fighting over whatever scraps or retributions they can grab from anyone who may have some connection to whatever they imagine to be the “power elite”. As long as these humans are still breathing, they will be physically fighting or debating who did what, when, and who is to get how much in recompense. In other words, futile struggle to restore the very illusion of the control system that they imagine themselves to despise so much. This is social insanity on a grand scale. And it has no end until the last one fighting goes down. –or until larger cosmic or planetary influences intervene making it impossible to fight or argue over matters of no relevance to spiritual evolution.

We can now imagine then all these exhausted and bedraggled fighters finally getting to some imagined treasure room of imagined wealth and/or imagined secrets of the elite. Nothing will have been achieved, all they will have done was to fight to restore some scraps of a control system and their imagined human existence based upon implanted layers of falsehoods. Some will eventually wonder what the point of their struggle and “sacrifice” was all about.

Now let us imagine what the youngest members of such “society” will grow up learning and carrying on into the future from this.

I can only hope that something akin to a collective near death experience (NDE) can at least spiritualize large numbers of people. By “spiritualize” I do not mean a full cosmic gnosis, rather it is more like that of the high level NDE where the darkness and emotional and mental pain and confusion is washed away by the higher Light and some sense of connection to the vastness of true creation is strongly established.

This would be the “Event” that some of us are picking up hints of from time to time. It is related to the Earth becoming highly energized by the spiritual light. What is of the Dark will sooner or later dissolve away what is of the true Light will remain.

To be more specific, initially this apparent dissolution of what is not to be, will be experienced or noticed very differently from each of the two main bifurcations.

The spiritualized bifurcation branch and those moving in that direction will include those who are aware of the truth of this. Those predominantly in the non-spiritualized bifurcation branch will mostly only be aware of their struggles. It is in this latter situation that the higher levels seek to avoid as much as possible.

-ASK

## Personality Self and Ascension – Structures of Individuation

September 22, 2011

*“...spiritual solutions cannot be implemented mainly at the human level, rather they must be mainly implemented at the level of the higher self/soul being. ... and the human self can be integrated into the soul being as a functioning center of intelligence.”*

*-from the October 14, 2010 A-List Update, Part 2*

<http://www.pfcn.net/Bulletins/Update-Oct14-2010-part2of2.pdf>

A few opening thoughts...

There are some here who are making significant breakthroughs, and as they are also stand-ins for many others, this is a very good indication all around!

Some who are developing a very strong *felt sense* of orientation and alignment with the correction energies and higher energies and they somehow *know* it to be true. In this group, cognitive content tends to be limited which makes it difficult to explain the principles to others so they may learn from them. It is a type “higher gnosis” but with too little meaningful content. There is also a problem of discernment that sometimes accompanies this. Sometimes felt sense is reliable and accurate, sometimes not, and when the human mind substitutes with its implanted belief systems to fill in the gaps, much confusion can arise. Imagine a magnetic needle that is magnetized to strongly register to “X”, but when it tests “Y” or “Z”, it spins around or oscillates.

Then there are those who have developed more of their *higher mind* for spiritual cognition and gnosis, yet find their *felt sense* for the new energies to wax and wane too much to be considered stable or reliable. Where there is insufficient *direct knowing*, there is often confusion arising due to conflicting inputs from felt sense, mind, or emotions.

*Both* felt sense/feeling body type of knowing and higher mind type of knowing are essential to conscious spiritual awakening. When properly “field tested” one of these approaches may prove more useful or reliable over another.

Now I would like to say that it is so important to properly understand the core problems as part of developing a functioning spiritual gnosis. It is very helpful when the human self can elevate its overall quality and capacity for expanded consciousness up a few notches. This potentially means less difficulty in meeting

up with the higher levels and vice versa. This also closely relates to ones conscious spiritual evolution and ascension.

This is not about facts or rote learning or how many volumes of this or that you read. It is about developing important facets of spiritual and cognitive discernment and self guiding. It is about actually “grokking” the underlying patterns in such a way that you begin to recognize them anywhere. It is never about facts or agreement about some distorted history. Rather, it is the *essence of intention* and the patterns that reflect this. You do not need to read much at all, only to quietly and with consistent focus contemplate true meaning of whatever the problem is at hand. You can learn to test and evaluate for yourself, with occasional help from outside your immediate field of energy.

Recently a few people here have been making breakthroughs in this regard. For the most part they have set aside the distractions of the “new age circus” and the fears and lies of the various mass news media (this includes the “alternative” media as well).

Remember, this is about Knowing for yourself Truth and what is Real. What you do with this and how you use your intent, is what you do have some influence over. What you do not control is how others respond or the eventual outcomes.

So many who have “been around the block” in spiritual circles, are now in their middle or latter years of human life. This means that they probably grew up in a social matrix that implanted the notion of self worth revolving around having a job and “being productive” having some contribution to ones “community”, etc., thus further reinforcing the control system internally. (And there were those who may have grown up rejecting all this to drop out, tune in, etc. –but for the most part it was still hitched to the social controls, only as a repulsion, rather than a success-attractor.)

This of course was adapted into the new age beliefs so that then everyone had to have some “divine mission” or “purpose”. For some, any and every little thing, including accidentally banging your toe on something would take on some “deep meaning” to meditate on. Of course some had personal missions, initially driven by karmic connections, and there were those who came to help make positive changes somehow (but how?), some to observe, and some wound up interfering on behalf of the dark.

Whether or not you (as a human) believe you failed to “accomplish” or “achieve” this or that, large or small, matters not one bit. For those who used their capacities to “succeed” at various pursuits in the human realm on this planet, there were the ever present reward systems that would attract the most ambitious and self centered while also distracting those whose talents might have been applied for higher good. For some then there would be mid-life or end-of-life crisis during which deeper questions might be contemplated as to how truly

meaningful these “accomplishments” really were –and for some, the deeper questions about the meaning of existence.

For those who feel they failed to “accomplish” enough, or failed at various human pursuits, there is a related inverse lesson: when to stop trying to “succeed” at something that has nothing to do with spiritual evolution and only serves to distract you from finding Truth. This might bear reading a second time.

In the context of the human sphere of existence, the “success or failure” paradigm is based upon falsehoods that only serve to keep you enmeshed in a rapidly disintegrating reality system.

### **Felt Sense and the “Feeling Body”**

For a long period of time, and especially now in this recent period, emphasis has been made upon “heart-centeredness” and “feeling”. Most everyone wants to *feel* “loved”, cared for, etc., but in a realm that has been effectively cut off from the higher oneness of Source, elements of the dark created false substitutes and humans developed their own, but usually originating from and limited to the human realm of existence.

The overall effect of this situation as a whole served to trap, enmesh, and hold something of the higher level beings and existence in a distorted and perverse reality, when so-called “karmic” dynamics are factored, the result became something like a terrible “super-glue”. Only now are these “bonds” being dissolved. And it is because of the way this false reality is being dissolved that it becomes ever more important as to how the spiritual energy dynamic of “heart” and “feeling” is developed and used and promoted.

Too often when someone made a breakthrough involving their higher mind, and would share something of this that leads to a greater spiritual discernment, those who preferred to imagine themselves “heart centered” would reject such input as not being “heart centered”. This usually resulted in a type of strange happy-bliss that everything was fine and that no one needed to really *know* anything at all beyond how to make a cup of tea.

In general the human subtle body field associated with this has a close connection with a portion of the “astral” vibrational level. The astral level, sometimes referred to as the fourth dimensional realm, is closely connected to dark side manipulation of 3d as well as being a place of transition for human selves that are not well developed. This is also where new transition spaces have been cleared to help humans selves move on in the evolution and not become stuck in the astral realms. A human personal self that lacks higher discernment can be easily influenced by this facet of its being and it is the human subconscious level that is closely linked to this as well. And it is at this level that distorted internal ideas and impulses –as well as the dark entities –can influence and control human actions. This is one of the mechanisms used from a long time ago

to trap higher level beings into a long imprisonment in the dark zone of control. Many rules and “fine print” were introduced along the way to reinforce dark control and keep the higher “hooked” into staying in this realm while learning very little for their own evolution. One example is the complexities of “karma”.

For those exposed or connected to the higher light, the feeling body becomes very strongly aligned to what is true from the higher creation. To use my simple analogy of magnetic needle, one could say that this magnetizes you to the higher light, like a global positioning unit seeking “home”. For those not so exposed or connected it can be like a weak magnetism that is easily pulled one way or another.

On the one hand, this can be regarded as a “positive” response to realm of existence that has mostly cut off from the Higher Oneness of true creation. But it also a limited response by humans who are understandably seeking something resembling true higher Oneness. But under the circumstances of the human realm, this usually defaults to variations on the theme of “*we are in this together*”, “*embrace the dark*”, “*‘love’ is ‘the answer’*”, and “*heart centeredness*” as a refuge from a defective and diseased existence in 3d manifestational realm.

Given the abysmal ignorance people have about the nature of this reality and the Dark, especially those who are spiritually-minded, it is very difficult to develop a keen and trustworthy felt sense of truth that will always point to higher consciousness, spiritual evolution, and point away from all that is false, delusion, and illusion.

Without the benefit of the awareness of the discerning mind as to what is Real and what is False, the human “felt sense” can be easily manipulated through these subtle fields as well as through the unprepared mind.

As a broad generalization, the subtle body or energetic “layer” that corresponds to “felt sense” and the term “feeling body” tends to resonate most closely with the astral levels and certain facets of the human emotional psychology. It is a part of the interface between non-physical levels of being and the human 3d form and the lower levels (sub-conscious) of the human self. This interface has been part of the mechanism or dynamic of control by the dark and that of human’s unconsciously maintaining their imprisonment.

The astral realms are not stable zones of existence, but rather transitional ones infested by various Dark side influences, some active, some residual from 3d, and some resident in the beliefs of the human self carried over from its 3d existence.

However, just because this is an arena for manipulation and control by human and non-human forces, does not mean it should be rejected outright. Likewise, we would not reject the entire the fundamental template for human existence just because it has been so corrupted by the Dark and its own ignorance. Of course not, it would be throwing the “baby out with the bath water”. The “intentional

template” for 3d biological human form was to serve as a living laboratory and interface for higher vibrational states of being and those of “matter” to experience and experiment with. Despite the tampering with the human form in ancient and modern times, its overall function as a host vehicle for a higher level being remains the same.

The present human form will be eventually corrected and changed. This is already underway through a new process of pre-manifestational development that resides outside of the Dark zone.

Let us not worry too much about what happens from now in this regard, there is little that can be done except what is most important now. So attend first and foremost to your own higher development as a spiritual being.

When the feeling body is in alignment with a spiritually discerning mind, leaving human 3d embodiment is greatly facilitated. It is better to have the interest and enthusiasm of all of yourself rather than have sub-conscious levels interfere. (Perhaps this bears reading a second time.)

The famous de Chardin quote posited it incorrectly in my estimation: He wrote “*we are not human beings having a spiritual experience, rather spiritual beings having a human experience*”. The question really has to do with what is meant by “we” in this famous quote.

### **Human Personality Self**

Some time ago I wrote a little about the personality self and again in the context of recent comments on alterations of memory.

*For background, see October 14, 2010 A-List Update –especially from page 5 on <http://www.pfcn.net/Bulletins/Update-Oct14-2010-part2of2.pdf> and*

*NES Forums - Alterations of Memory and Completions  
<http://newearthsummit.org/forum/index.php/topic.1245.msg5434.html#msg5434>*

*NES Forums - The Bifurcation  
<http://newearthsummit.org/forum/index.php/topic.1245.msg5431.html#msg5431>*

These articles continues these on the structures of individuation and ascension.

First of all, too much has complicated spiritual psychology for too long. At the center of this morass are endless issues, fears, and whatever else that arises from the embodied human self –and the various attempts to deal with these “issues”. In general most of these approaches turn the human self against itself or a portion of itself.

Setting aside truly serious psycho-pathologies, we can simply describe the various layers or bands of individuation as follows. Various schools have various names for these, this too can complicate things, so I will simplify based on own various points of view:

- Cosmic self – origination of the soul and other forms of individuations, and not all have projected into a 3d density embodiment
- Soul self – supraconsciousness but still learning
- Human self higher level consciousness most often linked to its associated soul being or other associated higher vibrational entity. (“Higher vibrational” does not necessarily equate to “all goodness and light”, by the way.)
- Human personality self or middle self – the primary “personal you”
- Human sub-consciousness – an aspect or layer to the primary personality self. This subconscious level can appear to function as an individuated self and at times in conflict with the middle or personality self. In extreme cases of breakdown of the middle self and loss of connection with higher level functioning, it can seem to take over. This is occurring increasingly under the global crisis of existence. In most cases this facet of being is most closely connected to the physical body.
- Body level impulses and “somatic memory” (not an individuated self)

A close relationship can typically be found above and below each of these levels of existence.

Previously I have suggested that for some human selfs there is a new potential for some to develop into a seed or focus for a new level of spiritual being. For some this might mean occupying a key place in the larger soul being, or perhaps some other sort of relationship altogether. This is only one facet of a varied and complex ascension and transformation process that is underway.

I liken this to the higher level being whispering to its companion human self in the process of spiritual realization: “are you the one?” And by this I mean that is this human level connection going to be able to provide a key piece of the evolutionary learning process for the larger level being?

Why is this important? Because those entities that do not directly experience enough of the 3d layers of existence are unable to learn directly of the dynamics and potentials of 3d density. Hence they would be incomplete and their evolutionary development lacking. Those that have mastered this would more likely to project some aspects of themselves into 3d for the purposes of observing, learning, helping this process along. Here in earth-human 3d the conditions have been most severely difficult, and those who “get it” can develop their evolutionary potentials to more fully.

From my perspectives, spiritual evolution at any level of existence can only proceed in connection with the Higher Oneness that permeates The All.

To return to the structures of individuation, it is the human personality self and its higher levels that are reading this and contemplating the deeper questions and lessons of their 3d existence and that of creation and existence in its totality.

Social and habituated patterns tend to connect the human personality self to associated subconscious levels. These in turn are coupled in with the somatic memory and bodily impulses that range from maintaining the body vehicle in a safe and healthy manner to protective impulses such as avoiding pain or injury.

In the case of social and personal psychopathology, these can become overwhelming obstacles to the spiritual evolutionary development, especially when linked to survivalistic fears, and social and bio-chemical habituations.

Practices that seek to deny or denigrate the body or the subconscious levels also tend to reinforce various binding the human level self to a distorted reality. It is true you can learn to stop or slow your heart or respiratory functions for an extended period, but is this spiritual realization? No. Just because someone can demonstrate paranormal or supranormal phenomena does not equate to spiritual gnosis or spiritual realization. This extends to technologically advanced ET's as well. Just because some non-human race may have found ways to move “great distances” through “space” does not automatically equate to a higher spiritual evolution.

Practices that seek to “master” the body, to bring the lower levels of self under the “command authority” of the human self do not generally lead to spiritual evolution or higher spiritual gnosis. More often these practices set up or reinforce internal conflicts that inhibit or distort spiritual evolution. And so like the usual course of human psychotherapies, there is no real progress, only new forms of internal deception and separation.

The lower self has a more intimate relationship with the body self. The personality ego self does not. Yet so many spiritual teachings systems set up a terrible conflict between these that usually results in a “crash and burn” situation.

When the higher level energies and awareness flow into the human level awareness, the lower levels and even the somatic levels can be brought into coherent and peaceful unifying harmony. Sometimes remarkable things can occur as either phenomena or more likely as expanding states of consciousness.

With high attractors and little if any Earthly “unfinished business”, the subconscious levels can become as if they are excited participants in a new joint venture with the personality self. (This also might bear reading again.)

*“What is of the Dark will sooner or later dissolve away and what is of the true Light will remain.”* For some this can lead to physical transformation as the entire body moves into a new vibratory state. But for the vast majority, this usually requires a very unusual type of near death experience (NDE) like state –

or the capacity to isolate oneself within a protected and peaceful “bubble” to better attend to these remarkable changes.

This new body vibratory state does not necessarily mean you will vibrate out of 3d, rather it basically means that more of your human existence is working as a coherent whole. In an internally cooperative situation, the body can be gently retrained, portions of the lower or subconscious self can be brought into a collaborative partnership with the human higher level self.

So what of the majority of those who simply cannot readily create such a protected environment for themselves?

There is the importance of addressing ones completions and paying deep attention to the questions of what has been learned here in 3d and from access to other vibratory states of existence. There is the importance of detachment and decoupling from the growing madness of the human world. This is about high intention and focus while carrying on as quietly and invisibly as possible in the human day to day world. Yes there are some simple exercise to do to support this process and we have provided examples over time to A-List readers. It is also about letting go of attachment to the notion of embodied physical continuity of ones human self. This does not mean you reject your present human existence, nor does it mean you cling to it. It means you have little to no further attachment in any manner. This further supports your capacity and affinity with your own “high attractors”.

“Negative” motivations range from internal upset with imagined failure or upset with ones human life or frustrated anger over the state of the human existence in the world. One can have discernment with compassion and detachment. Excessive attachments as well as repulsion can reinforce some of the very predicaments many spiritually-oriented find themselves in.

We are nearing the final stretch and we are all challenged in one way or another to find ways to invisibly and quietly go about the minimum needed for our human existence while attending to a new existence that is not in the world of ordinary human 3d.

One of the reasons I am still here is that I wish to remain as long as is tolerable to my human self to observe and participate in the enormous changes in vibrational states and the further unification of human consciousness with higher levels of consciousness. You could call it a participatory experiment. And it is one that you invited to partake in for yourself.

We are all unique individuations of much greater levels of individuation of the Higher Oneness of Creator of All. Each will be having their own unique experience and yet there is a higher Oneness that connects all. Diversity exists within a larger Oneness yet there is no conflictual duality or separation. There is

no “dark force” and no false dichotomies. Yet amazing infinite differences, like facets of an infinitely expansive and ever changing crystal jewel.

My comments about personal self memory are relevant to the ascension process as well. Are you done? What remains on your to-do list? Is there also a “must do list”? Why? Are there memories that float around that influence you in some way? Perhaps they remind you of your attachments to the human world of human existence and social or familial ties?

There was a period where I found myself deciding each night to have one more day. This became something of a conscious living experiment. I would then decide to wake to another day in what passes as “life on earth”.

The higher levels of the human self can be regarded as a repository and higher level laboratory for the deeper learning of the essence of creation, human existence, and the whole package. This is not the place for earthly discount shopping lists or worrying about retirement packages or who is the head of any country.

The lower levels of the self and the body self can be regarded as repository for maintaining human physicality and this includes trauma and fear responses that are beyond ordinary rational thought.

This is one reason that even if it were possibly to rationally reach someone to help them be more aware of these things, they are not likely to be able to truly evolve beyond these things due to imbedded trauma, etc. that is closely coupled with the subconscious levels of the human self. When there is a human personality self that exists in a state of ignorance and confusion, it is easily coupled into a nearly hopeless situation with their lower levels of the human self. This is the basis for the overall controlled manipulation of 7 billion people. It is also why the non-spiritualized bifurcation branch of humanity will initially be mostly aware of struggle, sacrifice, and suffering; the larger meaning of existence has no place at this level of being.

A few spiritual teachers tried to instigate a descent of higher order consciousness into the human level. To help clear the way there needed to be both protection against dark interferences and a way to address the lower levels of human being. While some extraordinary phenomena were demonstrated, a high spiritual gnosis did not take hold, and when the teachers left the human earth plane, many conflicting dynamics emerged, some continuing to this day.

Today, we have a new situation in which there are powerful energies flowing into and through all levels of this creation and this sector that has been under the influence of the dark for so long. The Dark are losing energy rapidly at all levels.

Yet at the human level there remains a relative powerful set of contending interests and there are so many humans of the non-spiritualized bifurcation that will draw everyone possible into conflicts that have no high attractor or purpose.

I say this in a broadly generalized manner that encompasses those with influential power as well as those who may see themselves as oppressed and righteous in cause.

-ASK

Private Sessions:

## A “Limited Offer” for A Limited Time

In response to the changes occurring and the likelihood that I will not be available to people to the extent that I am now, I would like to make this effort to be of assistance to those who are in the process of making enormous changes in their awareness and to their existence. Some of you may find yourselves in more of a role in teaching and helping others.

I have long decried the charging of money for spiritual information and spiritual knowledge as that should not be charged for, unless it is simply the cost of reasonably priced books.

What I offer is not focused on spiritual “information”, rather it is about learning to discern for oneself, learning patterns that can support higher level discerning, and developing better internal self referencing.

This is not about studying anything, other than your own internal faculties and developing your higher faculties. This in turn facilitates bridging your human and higher self. I have posed difficult questions for readers to contemplate, such as what is the deeper learning of your own human existence and that of humanity as a whole, etc. I have challenged everyone to address their own completions and to probe deeply into their higher attractors.

I am charging for my time partly because I choose to and partly because it sets up the right sort of “at-tension” to help pay closer attention. Some who are reading this have the potential to be teachers and guides to others during this transition period. (As some here know, I do not ask for payment from those who simply have not the money. If you wish to contribute towards those who may not have available funds, please let me know.)

It was plain from earlier open discussion sessions that there was a wide range of cognitive capacity and maturity. Those stuck in old spiritual beliefs and patterns found it hard to move forward and those who seem more advanced in their understanding found the content not challenging enough for them. (Of course those who tend to be more advanced in their spiritual knowledge often can learn a great deal by simply paying attention to where others are in their process and thus learn more about their own in the process of a deeper listening.)

As it was when I was a consultant many years ago, my time and attention would be retained through a monthly or quarterly fee. Unlike when I was a consultant in the diseased “matrix world”, I will consider a sliding scale. The *suggested* fee is \$500 to \$1000 per month, paid in advance, depending on how much personal time you would like each week.

Sessions will be conducted by phone and email as may be appropriate. Each week we will set aside time for phone sessions for each person. If possible, I may be able to arrange a one or two-way online video link to add a little more “personal” effect.

For those who wish to meet in person for a period of time, we will help you with a price range of suggested accommodations that are within a reasonable drive to where we are. You will need to cover all your own expenses. Time spent here will include a great deal of outdoor time, especially on and in the ocean.

You will get out of these sessions what you put into it. They will be challenging in many ways, for you as well as for me. My role is to facilitate your process and the agenda is yours. I am not going to give you advice on what to do with yourself and I am not going to be doing formal “readings”.

There is also some possibility that John Crawford will be joining in on some of these sessions.

In the course of these, I use a combination of deeper questioning and mirroring, didactic approaches including stories, and direct analysis to assist you in your process. At times I might ask you to read certain material that will mostly be available as online files.

But if you think this is “merely” about ideas, thoughts, and thought process, “think again”!

This is really about pure and direct investigation by you, of your own core consciousness. We begin with a confidential questionnaire that includes essay style questions and a general waiver/disclaimer. Those who will be participating will also have a copy of my official and non-official bio’s for their reference. If it is possible, I will consider a secure video hookup via web browser, but no promises.

I am glad to have a short introductory email and phone visit with you if you wish to make this a first step in the process.

What you email me and what we cover in these sessions, will *not* be shared with anyone else.

-Alex  
[info@pfcn.net](mailto:info@pfcn.net)

## An Invocation, An Intention, An Attention

Please feel free to adapt this in a manner that works best for you. Please do attend to this evening before retiring and during the day as well.

*\* I call upon my lower, middle and higher self. I call to my highest source origins and connection to the highest levels of true Oneness and Creator of All.*

*\* I invite and call upon the fullest extent of the highest of the correction energies to enter and descend my entire being down to my human levels and beyond.*

*\* I also invite and call upon the fullest extent of the highest of the correction energies to enter and flow through the space between my atoms and create and maintain a continuous flow through the entirety of all of my being.*

*\* I also call to me all the particles of the true light in my being and ask the particles of true light in my being to also call to me.*

<http://newearthsummit.org/forum/index.php/topic.1161.msg5485.html#msg5485>

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A few Q&A concerning recent postings

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