

Global Awakening News

Commentary and Guidance for Enlightened Change During Rapidly Changing Times

“A-List” Updates

August 1, 2010

“A-List” Update #5

Part One of Two

Link to this update: <http://www.pfcn.net/Bulletins/Update-August1-2010.pdf>

Link to previous update: <http://www.pfcn.net/Bulletins/Update-May29-2010.pdf>

“We are here not only to witness and learn, but also to be part of the end of the dark—and the beginning re-creation of creation. ... What remains is an intimate conversation between the human self and the greater self. Initially, many of the more aware humans selves will find this situation lacking in many ways. Among and within the greater self, there is a similar situation.”

Dear Readers,

This rather focused and dense material is not for casual reading and has been separated into two parts. “Part Two” brings full circle what we published three years ago concerning “New Earth” and “New Creation”. At that time we had no idea how, when, or even if this would be occurring. The articles in this update may well be describing preliminary stages to something more dramatic. What is presented in this update is what is most central in my view. As always, we welcome your email letters: info@pfcn.net.

Since the last ‘A-List’ update in May, I accumulated considerable notes concerning certain major human-planetary dynamics today. However major these may seem from the human level of awareness, they are also distractions from what is central and primary today. So I took my own advice and set them all aside. Some may become short articles that I will post at the NES Forum. What is discussed in this two-part update is something that we all must address one way or another.

The levels of stress in the material world are increasing unimaginably. The most secure jobs are those that are military-related. In the USA, unemployment is over 22% and more than half the US workforce has been forced into some type of reduction of job income. In too many countries there is a growing food starvation. The moves toward world war three are becoming more overt every week. The confluence of different global crises are

overwhelmingly staggering while a dam of silence and misdirection holds back what will soon become a “tsunami of events” –before end of 2010.

Most are in deep denial and presume that things will somehow revert to “normal” before things get desperately worse. There are naïve presumptions that “God” (or ET’s) will not let nuclear weapons be used (they have been and will continue to be), or that one or both will not let the oceans die (they are, by the way), or that “God” somehow cares about this or that country (an absurd notion at best). (Of course, there are those ET-types that are allied with various members of the powers-that-be who hide behind a certain national flags, but none of those types are up to any good.) Food crises will become more widespread and more severe later this year and onward. In terms of the material realm, we are literally out of time in terms of human capacity to support the basic and healthy survival of the resident human population.

Someone recently posed a question with regard to forming new community now versus maintaining one’s ‘mission’. These are *not* mutually exclusive interests. While we are past an optimal time to initiate new land-based communities, it is still possible (‘better late than never’). We have often reminded readers to the importance of developing a more conscious local community with one another, even if only two or three households initially. From that, an extended network of small clusters, etc. becomes possible. For those who can make the conscious effort, there are guiding principles of trust, caring, service in the larger spiritual connection, etc. For those who cannot, then at least consider the first three –in the order presented. (These principles can also be applied to ones ‘inner community’ of self as well as ones immediate human family/friends, etc.) At an even simpler level, there is cooperating around gardens, food, or otherwise helping one another. For those geographically collocated, cooperating in a “commons” for shared gardening, transportation, alternate power, water, shop, and storage facilities, etc.

If this appeals to you –out of necessity, positive choice, or both –then what are you waiting for? In small-scale community situations, there is at least the immediate possibility for mutual support and assistance. No one knows at present the timing of all the changes that are coming.

Over recent years, there was a relatively greater freedom of movement to do these things. Regardless of cogent warnings or the ‘writing on the wall’, most were lulled into thinking that material life could never get ‘that bad’ or it would ‘improve soon enough’. Too many presumed (wrongly) that “they” (the petty officials) would “fix” the economy, etc. For others there were the false illusions of a new job, a retirement bonus, a “better” school for the children, etc. ...an endless list of ills and falsehoods endemic to the matrix world and its emotional baggage. Too many continue to be in one form of denial or another, or in a state of tonic immobility –as ‘deer in the headlights’. Just stop.

More and more people are getting some clues that the “matrix system” is a fraud or even an illusion; and some even discover it is based upon evil, even if they do not know how it came to be. Most of those who are promoting themselves as “experts” with regard to all these control schemes, alien beings, human elite, etc. rarely know what they are talking about, and most are deliberately titillating their audiences while imbedding new fears. This distorted and very limited awareness of the control systems is growing at a time when there is nothing people can do from the level of human existence to change things in any meaningful way. It is a bit of “too little too late” and a not-so-subtle message from

the powers-that-be that they care less about what people may believe since they know the game is nearly over and they expect to prevail in the end, regardless.

Those inured to the system tend to oppose anything that could jeopardize their petty privileges. This also includes military related economic activities. More than 80% of the USA industrial base is military-related, thus providing a social-material basis of support for endless wars designed to exploit others and to control the planet. A similar situation exists in other countries. Overlay the social control memes to this and you have a plurality cheering for bloodshed.

Some thought the Internet was the beginning of a positive “global mind” (and some still do). While I never subscribed to such a naïve idea, I fully appreciate its value in connecting people as it does. However, it has become a reflection, amplification, and gross advertisement of all that is so wrong and degenerate in the human world. It can only be that way. It has also facilitated various types of mental degeneration, including lack of focus and loss of language facility. There are fewer people willing to read anything of any length, let alone retain complex meaning. Hardly anyone has a capacity for honest, critical reasoning.

Please Stop

Awareness and access to the higher energies is growing for those who are paying attention and who have minimized their distractions.

Consider how all the religious bibles and other such tracts are creations of the dark side and of confused humans and are at best narrow-minded morality tales for humans who have no clue how to behave. The gods and saviors of these religious systems were/are for the most part, lords and servants working for the dark forces.

Refrain from reading channeled newsletters and emails for at least a full month, three months if you would. Stop sifting through endless workshops, videos, audios, books, and articles looking for that “magic formula”, procedure, or something you think you really need to know perhaps the secret to ascension or escape from the matrix world.

The vast majority of channeled entities are liars and purveyors of misdirection, and most mediums are ignorant of the true dynamics of the human world. There are no mantras, formulas, or secret initiations to get you out of here. Set aside those “self-help” psychology books and the endless spins on the dark conspiracies. Psychology was designed to make ‘maladjusted’ people ‘adjust’ to be conforming to a system of slavery at many levels. The various dark conspiracy threads go nowhere except down more rabbit holes and black holes and keep you trapped in hopelessness or upset. Turn off the television and the mainstream news feeds.

Try all this for at least one month. If you find this hard to do, then consider your own internal feedback loop. Why do you find it so hard to do? What is the hold or attraction on you of these distractions that keeps you looking outside of your own inner or higher knowing?

Just stop.

You can always return to some of these things, hopefully conscious as to why you are.

Meanwhile, the human world will continue to be embroiled in conflict and degradation and for the time being continue under threat of the ‘scorched-earth’ policy of the dark. The Gulf of Mexico situation will not simply go away, neither will the expansion of global warfare, starvation, disease, ignorance, corruption, and all the rest that is so very wrong throughout this world.

After all, this is all part of a dark creation zone and the local dark side “proprietors” have a certain home turf advantage. They even stole some of the “jewels” of creation to help set all this up for themselves and then created their own exclusion zone.

Having cleared all the clutter and dross from the table before me, what remains are the following three elements: The human vehicle and its self-ness, the soul being, and the Divine Awareness/Spark of Creator that permeates nearly everywhere, including into this existence.

Creator of All/”creation central” would like to reclaim this existence, this reality, and bring it into the innate oneness of its vastness. This cannot be done until the darkness is removed and its influence corrected. The Dark threatens a “scorched earth” if it cannot have control over the human vehicle and all the souls they can. Already many plans and triggers are in place and some of these plans are already in motion, awaiting the go ahead to proceed to the next stage.

Creation would like the correction energies to complete the intended clearing and upgrading process. The Dark does not. The Dark has its own idea of “correction processes”. When its higher levels do not like what it has created with humans on earth, it will make its own ‘corrections’ to better fulfill its varied agenda. This is found in the history of this planet and elsewhere. The dark side will even promote various human and higher level beings to act as ‘enemies’ of all that is perceived to be ‘wrong’. On occasion, beings have come here representing the interests of the non-corrupted portion of creation, but their efforts to help were usually overwhelmed by deceptions and distortions and their legacies became a shambles.

In various articles over the past three years we have considered two incompatible paradigms of cosmic reality: One paradigm is that Creator of All deliberately created the dark forces and explicitly or implicitly allowed all that has come of that to occur. The other paradigm is that the Dark developed out of an error at the highest levels of creation process and that this dark error came to set itself up as a rival supreme creator.

There is also the distinction that the Creator of All creates the spark of creation and imbues souls with it, while the Dark only consumes and seeks to control this spark of creation and the beings that carry it.

Once you understand the general origin of the dark or evil you gain a “pattern filter” that helps you to see its imprint as you examine this existence more closely as you may need to do from time to time. This in turn facilitates a large frame of reference through which to understand the above and below grand deceptions as you may need to do from time to time. As part of this, there comes an understanding that there are no human-origin solutions to the problems of humanity and there are no “positive” solutions to the larger

problems of this dark-controlled zone that could possibly have their origins from within its sphere of influence. The solutions to the larger problems situation can only come from outside this system. ...And they are.

A Note of Caution

I have mentioned in various contexts that there is an intriguing false ascension that is being orchestrated by the dark and that there are some people who are promoting this. Some are more obvious than others.

An obvious example is from one channeller who likes to invoke “christian” symbolism, names, and other verbiage and even states that they are speaking for “God”(substitute dark lords here). Less obvious are those who teach that the soul is the enemy of the human self and that it is best for the light beings/divine awareness within to leave now. (...So that more of the dark can literally “walk-in” and control the human vehicle directly?). Some of this is obvious with the emphasis on money, atavism, gore, and other grotesque qualities of most “popular culture” all over the world. Then there are those who are less obvious and potentially more dangerous, and who are very articulate and well trained in presenting half-truths. Some tend to focus on secrets of the powers-that-be, ET-s, and more. Recently, one individual was pointed out to me who makes a convincing case for the worship of the ego-self as supreme. Another contemporary is promoting the idea that the light beings/soul being can and should vacate their relationship with their human “host” and leave the human self to fend for itself. Related to this, it is interesting that in the early portion of the 1900’s in some spiritual circles, it was promoted that the soul was the source of moral/spiritual corruption and the degeneration of the physical body.

No, you do not create your own reality, not yet. But it doesn’t hurt to behave as if you do. Unqualified and in the default context of this world, this notion of “you create your own reality” is a cruel trick and falsehood that is perpetrated on a humanity that has been denied access to freewill and higher level awareness. It is tantamount to blaming humans for all that the dark forces have wrought in this sector. As a “spiritual teaching” it becomes a distortion that feeds in to the dark control paradigm.

So, what remains?

A “trinity”... The human self and its physical and subtle bodies, --the higher soul self, --and the origin creation energies/spark of creation.

Since we each have our own human vehicles, it is possible to test and explore this in depth if we choose to put out intention and attention to it. If we are lax and become distracted by an addictive and degenerate existence that is based upon deception and falsehoods, then these deeper truths will remain elusive until that moment they become suddenly revealed or thrust upon us. For some, it will be upon their loss of their human embodiment.

We are here (through human form) not only to witness and learn, but also to be part of the end of what has been an interminable nightmare –and the beginning re-creation of creation.

Many awakening and spiritually aware humans selves are now wondering if they will ever be done with all this, whether they will ever “get out”? ...Is it really going to happen? When? ...Soon? So many false starts, false hopes. Time and existence can seem so unfathomably vast and imposing to the perspective of most human selves.

Changes and Problems, Problems with Changes

The correction energies flow from Creator, changes occur in the ‘as above’, and a small portion of humans become more aware and connected. Yet there remains for all in the ‘as below’ the question of the human existence, the very problem that is “on the table” before us, regardless of ones scope of awareness.

Two elements, the human self and the soul self, have a mutual problem that is not readily reconciled. In many instances the soul self has concerns as to its risk in taking in the human self and the human self has its various concerns about its existence in combining with the soul self.

In addition, the present situation here makes it a practical impossibility for the soul/higher self to descend into this realm as the risk to it is too great at this time. For the human self to ascend to a higher level requires energies and access paths that are not generally available at this time and thus it cannot achieve ‘break-away velocity’. Compounding this is the problem of the degeneration of so much of the human self and physical body due to rapidly degenerating conditions in the 3d physical environment.

There is the present trajectory of new and higher energies that will shift some portion of humans into a higher level of awareness (like a “collective” near-death experience) Yet, there remains the problem of the remainder of humans and the problem of the severely damaged and distorted physical reality humans are residing in.

I would not be surprised if a substantial portion of humanity (embodied or not) will find itself observing what transpires from a higher level of existence than that of its present day 3d level. While it may not lead to changes to the 3d realm, it would at least make for a type of rapid learning and synthesis in preparation for the next stage in evolution. How they would come to be in this ‘elevated state’ is open to speculation, as would be what portion continue to be humanly embodied.

For those who begin to integrate with their new higher awareness there will remain an enormous human population still enthralled to the human dark side and in a state of great internal and external suffering. In addition there is the problem of the surface environment. These are simply so overwhelming that there can be no solution.

I do not anticipate a *mass* awakening into higher awareness while embodied in this present 3d reality. This may be too ‘alien’ to the majority of human selves and their internal operating systems, especially given the state of the human ego-personality and the degenerating social and physical environment it resides in. The difficulty in integrating and fully descending ones higher aspects is likely to be too great *under such conditions*.

Transformation of this Existence

A small number of future seers have described what they have seen or “vicariously experienced” from glimpses of the next evolution of the individuation of the higher

self/soul and that of the human level. This has included a human-like form, but not one of the same low vibrational level of present-day humans. The oneness of creation and Creator of All permeates these “future” beings and a new way of existing and creating was in evidence. Those describing Earth or Earth-like settings also noted the sparseness of the population.

While the “solution” is coming in from “creation central” –that is, “outside” this system, we are each getting to a point in time when some who are incarnated as humans will be able to “stop time” (metaphorically) and exit this insane matrix (literally). More and more are having moments of such experiences. But then there is the “rubber band effect” and some “hit a Velcro strip” and need to “pry loose” again. This is what is going on. It is like exercising an atrophied muscle. Perseverance. As some gains are made they become more noticeable. Then new choices become available.

So does one choose to take another ‘merry-go-round’ trip on the dark side as if still unsure? ...As if out of bad habits? ...One more imbibing of an addiction? ...Or is there a greater tenacity to push on in the most direct manner possible? Perhaps your intentions are set upon no distractions, no untoward interferences, and demanding the involvement and engagement of the higher self and beyond? Kicking one’s human or higher self if needed?

The soul/higher selfs are in some cases wondering if what they are connected with (the human level in ‘dark waters’) is something that they really want to bring into their greater self? Will the transformational process clear up the virus first? Will it ‘hurt’? Will their human reportages bring back something else (from ‘creation central’ perhaps) that will oblige new and uncomfortable changes to the status quo of some or all of the greater soul self?

And the human and higher self in some cases is wondering what the human self’s evolution could be like, as a seed perhaps of a new being? It is premature at this time to reject the human self completely. This is something that is an intimate conversation among all your aspects or selves.

These are valid questions because they touch upon the profound risks taken to even be here in human form in this system at this time. I do not want to dwell on those risks, only to acknowledge the profoundness of it all.

It is my impression that, regardless of who or what is promoting whatever their agenda, a portion of humanity will be intimately observing another portion of humanity from a higher dimensional level.

My moments of excitement and enthusiasm with what is unfolding comes when I can touch upon the end of it. When I know there will be the stopping of this madness. Soon. Already there seems to be a further clearing and widening of a massive opening from this vibrational state. Some have gone on ahead already to test this but have crossed a threshold and found few there so they mark time. For now, I would prefer to mark time while still embodied.

It will be those who remain embodied who will be among the first to be intimately involved in stopping this –when the moment comes.

So, we be here and here we be.

In Conclusion

The impulse of Creator is to recover all that is possible from what has been learned from the entirety of human existence here.

In response to the dark forces’ “scorched earth” threats, there are those who are embodied here and those that are here in non-physical who are willing to call their bluff. This would first require the direct involvement of the new creation energies as well as the support of the planetary consciousness. It is possible that these beings would remain, even though they may no longer have ordinary physical bodies and some might opt to become stewards of a new earth, one that may have changed into a higher vibrational state, (perhaps akin to a plasma state) while the former 3d level is recreated. The removal of certain levels of existence has been done before to effect major corrections to extreme problems elsewhere. However, there have been too many instances in which the reformed planetary body and its residents are beset by various dark forces --and “the problem” starts all over again.

In this situation, there might be a new and additional element. There are beings who have somehow been touched by ‘new creation’ energies (not the same as the ‘correction energies’) and have retained something from the encounter.

In place of what was formerly “old earth” would be “new earth”, a focal point for a new creation structure that may aid in the complete overhaul of the greater creation as well as give birth to something very new while fulfilling the initial intention of Creator in giving rise to potential new creator beings.

To my understanding, none of this has ever occurred before.

The better we can synthesize our experience as soul beings over the course of many levels of existence, the more complete can be our growth and evolution in direct communion with Creator of All.

These are ordinary words used to evoke something that is beyond words.

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An Exercise:

As you contemplate your human self experiencing a transition into a higher vibrational state of awareness and new existence, you might want to give deep consideration to the following:

What would you do if you were a creator/guide being and you were starting over with a new human and a new earth? How would you “do humanity” differently?

What would you do if you were a creator/guide being and you were starting over with a small fraction of the present human population on this Earth? How would you as creator/guide being connect in with humans? To what extent and how would you engage a portion of yourself in any one or more individual humans?

What is your assessment and understanding of what you have learned through this particular human existence? What is your assessment and understanding of what humanity has learned at this time? What is your assessment and understanding of what has been learned from the entirety of human existence on Earth?

What is Happening?

By John Crawford

What is happening is easier to see, what is going to happen is not.

I am watching the energy streams coming into what I have started to call an apex/nexus point.

Apex because it is the highest point of the changes that are coming in. Nexus because it is the converging of many lines of energy and of possibilities.

We are coming into the point of change that we have been waiting for, asking for or anticipating. All three are true. We have asked for the change that we all believe or know to be true. We have been anticipating the changes and in this anticipation we have seen the many possible futures, the things that may be. We have tried in our many ways to try to steer the direction of change in the ways that we feel/believe to be the best. In that we have gotten much resistance because our visions have come into conflict with the beliefs and fears of others. We have been waiting. We know that a change will take place we know it is soon but it is like the humorous request “God, give me patience and give it to me now”. We are waiting for the change and want it now. It is coming but at its own place and time.

I am seeing a point where the different lines of energy, the different lines of potential futures and the last parallel creations and created time lines converge.

Parallel creations/universes and parallel time lines:

There was a time when we had many parallel universes that had been created to allow us to work out our ‘karma’ and unresolved emotions. Some of these were so strong that they created timelines almost as strong and the prime time line within which we exist.

In the last 8 to 10 years there has been an extreme effort to collapse the parallel time lines of existences back into the prime timeline. This has resulted in very strong visions of possible futures it has also resulted in a sort of struggle between the parallel timelines and this prime timeline. Each timeline is trying to become the direction that we are heading.

So what is happening?

We are coming into the time/point/apex in which all of these timelines will collapse into the prime timeline. On each timeline there is an aspect or parallel of most of the beings that exist on the prime timeline. With the collapse of the parallels we begin incorporating the many things that our parallel selves learned or developed in the other timelines. When this happens we will become aware of many abilities and much knowledge that we were unaware that we had. This comes from the development that we or our parallel selves built upon. These will now be ours because even though the parallel selves were apart from us they are us and we will be whole. Interesting

As to the Earth and the other sectors that are undergoing change. No matter what the potential futures that the parallels have tried to impose on the prime time the prime timeline is now undergoing a massive change.

We –all creatures inhabiting this place, this includes the smallest life forms to the greatest and the very rocks of this planet –are dying. It is not a death of the physical being; it is a death of the old form of the physical being. We are dying but at the same time we are being reborn.

This Earth has undergone major transitions many times in the past. We are aware of some of these like the time the dinosaurs choose to leave this place and allow other life forms to grow and develop. We are now in such a transition place. We are deciding what life forms will remain and what life forms will remove themselves. This removal has a particularly interesting quality to it. It does now look like species dying but it looks like whole groups of plants and animals begin to morph. They begin the transition to new species new beings without the necessity of dying.

Does it mean that the Earth will not undergo major change? Well, yes and no. The earth is one of the beings that has been dying and is dying but is in the middle of this major change itself. It will result in many physical changes on this planet, it will result in such changes that that there will be destruction of many things that some have held dear but it is a change without destruction as well. It is without destruction in that the beings on this physical level will begin to morph instead of die. Well, in some cases it will look like death to some people/plants/animals/species but, in the end, it is a morphing not a dying.

A note about seeing what is going to happen:

All of us are looking to the future change, even those who do not know that they see. All are feeling the change coming.

All seeing is based on the background from which it is developed. Some are seeing into futures that have great disasters looming. Others are seeing futures with great happenings and changes that are all light. And, others are seeing a mixture of this. This is natural for this time of change. We are all looking into the timeline parallels that are coming into the point of joining this prime parallel. No one is seeing what is reality beyond the nexus/apex point. We cannot see beyond this point because it is in the hands of The Creator of All. It is directing this change and it is huge. It is not what we have seen for changes before this time it is NEW and it is the way it is to be. There can be no other outcome.

So, let us see our futures but Do Not become confined by these visions. They have some reality, some validity but they are not the end. That is in the hands of The Creator.

Let us begin and enjoy the changes. There is nothing that we can do to change what is to happen. We can pray for the Earth and the beings on and within it but we do not direct the changes.

Let It Be.

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An Ultimatum

By John Crawford

This comes from my having gone out the last couple of days after our conversation on the phone. I have been to The Creator level twice and this is what comes back.

I have been going out and talking with beings beyond this fallen sector about the plans for restoring this sector back to the plans The Creator has put forth. In these talks many scenarios have been looked at and discussed. These include plans for removing the physical structures and for plans to recreate the physical to better reflect The Creators mandates.

This is how it stands at this time.

The Creator has stated that the removal of the physical structures is not an option at this time. It does not mean that this will not happen just that it is not an option that will be used at this time. Could it happen? Yes, it could happen but not before the coming updates and changes in energies have been completely installed and this structure has shown that it will not comply with the changes.

There is high confidence that the upcoming, and ongoing, changes will be successful and this fallen sector will be changed to such a degree that the beings that we call ‘the dark’ will no longer be able to exist within this sector. At this time there is a mandate that all beings begin the process of change and come back into alignment to the new energies. Gone is the process whereby the beings that refuse are put into separate areas and given time to adapt. The decree is “A being will accept the change or the being will be returned to source and lose all of its memories and development and become a new soul.”

This is a change from before when a being following the fallen path is given an opportunity to go to an area of reeducation and allowed to make changes at their own pace. This was found to be totally unworkable. The beings would just pretend to be working on improving while making plans to escape or to keep a part of themselves hidden. They often were able to escape the confines they had gone into and then would go to a new area that was not so closely watched. The holding areas have been completely emptied. Those beings that accepted the change have been removed from this sector and are in a process of becoming new without the taint of darkness. Those beings that refused to change or tried to hide a part of themselves from the change have been removed completely and are starting out as new souls elsewhere in Creation structure.

There are still a lot of beings that follow the fallen path and these are being removed or are fleeing to an area where ‘the dark’ is still very dense and there are no beings of light to bother them. The dark beings that remain are being confronted and given the decision to make the change or be completely removed. This is a slow process from our vantage point but it is a process that is happening. The area where the dark beings are fleeing to has a barrier around it to keep them from leaving. It may not be perfect yet but it is there and is being strengthened. At some point, probably when all of the beings in this sector have been confronted and removed then this area where the dark beings fled will be

completely removed and all of these beings will be stripped down into their basic essence and start the process of development as new beings.

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To be continued in Part Two:

“Toward a New Earth and A Creation Made New”

**Another Exercise:
Connecting with the Higher Light - An Experiment**

You are invited to connect with the Light that is around, between and behind the substance that makes up your physical being - your ‘atomic cells’ or ‘cellular atoms’. Breathe from what is in between, behind and all around your apparent physicality. This is a gentle practice that is totally of you, yourself, your higher you. No one else. There are no mantras or other mumbo jumbo practices. It can help you access more of your greater being.

I invite everyone to explore the spaces in *between and around* their "cellular atoms" of their human physicality to connect to the light of Creator of All that exists in this “in-between” space. This is a space or zone of no-substance, only the higher light. This is what humans have that connects with their initial origin with the Creator of All. It is what will resonate with the cosmic correction energies. Because it is so non-specific, the human “monkey mind” can do very little to interfere or distort this. Just be with it.

There is something important to this and it can become tangible/palpable fairly quickly.

Simply intend for this to happen, there is nothing complicated to visualize, just intend it and let your energy or attention go there. There is no technique to intending, only simpleminded clarity and no attachment to specific outcomes. There are no structures to focus on, no mantras, no mumbo jumbo, etc.

Connect to this with calm and gentle breathing, connect your breathing to your attention. It is as if you are breathing through this “space”. For some it is helpful to have simple distractions such as gardening, walking, or doing small activities, during which it can be accessed more fluidly, so one does not have to be an “experienced meditator”. For those who are very well developed in their inner seeing abilities, then this should be very interesting.

This is “you” that you are exploring, it is not the same as risky exploring “out there”. It is your energy and your connection to true Creator.

Please feel free to write of your experiences with this info@pfcn.net. I will also share selected feedback anonymously among those who are reporting in on this. A thread has been started at NES Forums: <http://newearthsummit.org/forum/index.php?topic=1092.msg4636#msg4636>

Space

New space satellite images that I have viewed over recent months have shown plasma-like discharges from Jupiter and Venus, usually in relationship to large discharges from the Sun. As of August 1, a major solar eruption occurred that is directed toward earth. See link at NES: <http://newearthsummit.org/forum/index.php?topic=64.msg4750#msg4750>. And no, Mars will not be big as the moon this month.



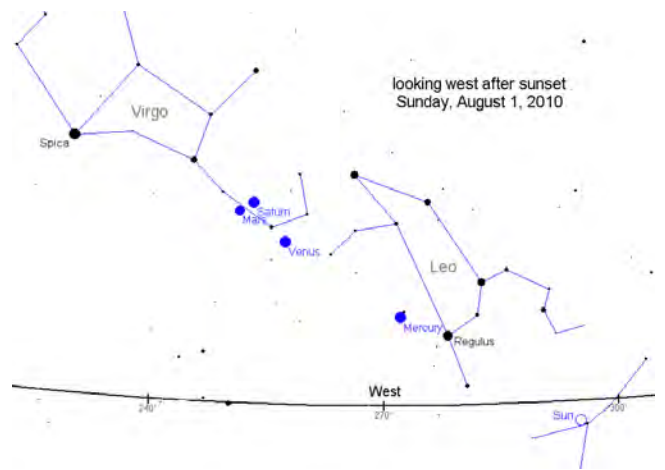
“The Crown of the Sun”

Credit & Copyright: [Alain Maury](#), [Jean-Luc Dauvergne](#) from link: <http://antwrp.gsfc.nasa.gov/apod/ap100721.html>



July 28th prominence (from <http://www.spaceweather.com/>)

...and A Most Unique Planetary Alignment this Week



"Standing on the summit of Mount Lawu, 3265m above sea level on July 21st, I was treated to one of the most beautiful views of my life," reports Jia Hao of Java, Indonesia. "With renowned Mount Merapi and Mount Merbabu soaked in twilight colors and city lights from Solo shining like stars, four of the major planets, Mercury, Venus, Mars and Saturn lined up in a row above western horizon."

<http://www.spaceweather.com/>

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A Reminder: New Earth Summit Forum

New articles and commentary have
been posted.

Link to bookmark:

<http://newearthsummit.org/forum/>