

# “Council of Selves” and the Oneness of “The All”

# Intervention from Our Own Higher Being

by Alex Kochkin

## Preface

There is a terrible log jam that is presently interfering with the larger transformational process going to its next stage. Developing a plan and solution has been passed to our own higher self. In trying to look ahead, the outcome for humanity is ambiguous. There is the tangible possibility of a “singular resolution” emerging from a high spiritual level and that is now in the process of moving down into human level awareness.

There is also the possibility that while a small percent will grow and move on in their spiritual development, most will not until it is time to transition from their bodies.

The removal of the major dark forces from the higher levels and the destruction of much of modern civilization and its earthly controllers opens the way for other possibilities for humans on earth. This is counterweighted however by the deep infection of dark memes among the vast majority of humanity. These provide the basis for the reestablishment of the dark on earth, so the question becomes complicated.

## Introduction

So much consideration and preparation has gone on over the recent months and years for our liberation from the dark and to advance ascension. While so much more of our greater self is aware of the overall situation in the “as below” and the “as above” as well as the urgency for transformational change, from the human 3d point of view things are looking more and more dire.

The details and timing of catastrophic crises and the collapse of human civilization that is underway are unimportant to the context of this article. (Various overviews are found in previous editions of GA News.)

Initially it had been thought that changes to the planetary environment and re-structuring of physical reality would be primary catalysts for the evolutionary birthing of humanity from its darkness. However, the spiritual energetic dynamics have been changed to favor more of an internal process that achieves greater influence from the human level in this birthing process – perhaps for the coming year.

*“...those who can move on in their spiritual growth and evolution must do so. If you choose this, there is nothing and no one to wait for... The ripple effect of the forward movement will be of great service as it will free many more who will “take flight” and enter new states of spiritual awareness that can also inform ones day-to-day existence. It is what could be called approaching “escape velocity”. This is the awakening.”*

- from “A Spiritual Response”, October 2008 Interim Issue of GA News

As part of the close monitoring of humanity, there was a question put to humanity (like a high level polling or focus group process). A large majority of humans preferred to stick out the worst of everything rather than undergo a rapid transformational shift –even when presented with various horrific scenarios. This was due mainly to their inability to conceive of anything “out of the ordinary” and thus were resigned to a fate of ongoing pain and suffering and conflict.

This notion of a “Council of Selves” was recently brought to my attention by colleague and friend, John Crawford, in the context of the crystal body exercises and facilitating a “council” of one’s aspects. This triggered my memory of a similar process going on about a year ago or so during an intense period of examining various transformational processes that were under consideration by the higher levels overseeing the larger changes in this sector.

First, we need to recapitulate a bit of history of the present new age/spirituality movements that have contributed greatly toward the paralysis and control over what potentially could have been a greater spiritual renaissance.

## New Age, “Pop Ascension” Problems

During the period of the mid-1980’s through mid-1990’s there was a small portion of spiritual-evolution oriented individuals waking up to God-self-realization and Divine Mother. It was also during this period that the darkside began to position and promote teachers of false ascension and their wares. Since these people appeared to offer something more “exciting and glitzy” than the real teachers, tens of thousands of ascension-oriented lightworkers flocked to workshops and seminars. Some fell under the influence of some very dark gurus and their cults. While some of these “new age” teachers did not realize it (and some did), they were objectively working under the influence of dark forces that had anticipated the period we are now in. Some of these teachers started out with good intentions but came under the influence of the dark, some began these “careers” already “under the influence”.

Since they had the support of the dark and developed more “polished” presentations, these false ascension teachers became highly successful in attracting followers and financial success. Since relatively few aspirants had the material freedom to join cults run by dark gurus, it was far more effective to get tens of thousands of lightworkers to give themselves over to the dark via various practices. Typically false teachings centered around various postures, mudras, thought projections, and geometries that were oriented, like computer ports and cables, to the dark control system. The teachers of these practices developed an intriguing and eclectic package of “stories” based upon limited knowledge of ancient history. Thus they could create an aura of legitimacy and “authenticity” to many who had no way to tell the difference.

A wider group that began under “new age” and dark forces guidance would be the corruption of various ancient teachings and their re-packaging under various umbrellas. Some were designed to appeal to the more materially successful and mental/intellectually oriented people, others to psychological healing. Some are being positioned now to move into mainstream --if and when the powers-that-be deem it convenient to use such a veneer to continue their pattern of enthralling their constituent populations into maintaining their own imprisonment.

The result of all this was to distract, misdirect, and siphon the energy of so many spiritual aspirants with practices that offered small gains to these followers in exchange for their

locking their energy into structures and patterns that were under the control of the dark. There they would be parasitized on by the dark. A larger group of spiritually-minded were kept “enthralled” by the dark through falsehoods and distortions spread through channelings and false information. This continues to this day and is an important factor in understanding why millions of lightworkers remain so unaware and disconnected from higher self and true Source.

This is one reason why we have made such a point of explaining the human and higher facets of the nature of the dark forces and the problems of falsehoods and meme-engineering used to control humanity.

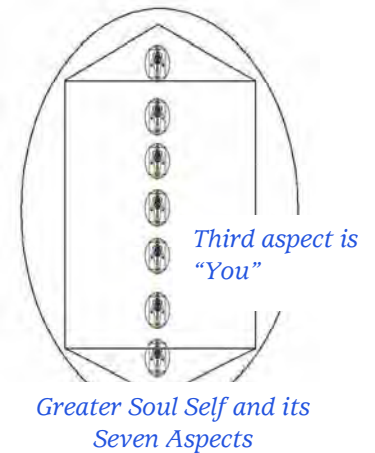
When one considers the tens of millions of people who are spiritually-minded, yet who are under such influences, and the control that the various religions have over hundreds of millions of people, then it is easier to see how serious the present “log-jam” is to the next stage of liberating humanity and advancing spiritual evolution and ascension.

Hopefully this brief recapitulation has provided further appreciation as to why this problem is now the focus of our own higher levels.

There are those already in the ascension process who need to move ahead without substantial delay. There are those who would opt for ascension but are “stuck”. Then there is the great bulk of humanity that is facing the collapse of their social and physical reality.

## Council Within Our Selves

This concerns the notion of intense conversation between your different aspects –your higher and lower selves –in which aspects of you may be calling upon other aspects to aid in achieving clarity, healing, and a higher energy state. The possibility for rapid change exists in this process, as well. For example, one aspect may be moving close to completion and be ready to move on in its evolution and, through conversation/council with its other aspects, arrives at the necessary clarity about this. This may involve its existence as an individuation of the greater soul self and may lead to further healing and revitalization of itself as an aspect and as part of a larger process of upshifting of the entire soul self’s aspects. Alternately, this may lead to mutual decisions among the aspects of the collective self leading them to absorb or merge themselves into the greater soul self creating a more singular or unified field of being.



This is a very intense and intimate “discussion” that can take place fairly quickly or may take some years to complete, in human earth time. It may be possible to facilitate this personally by setting a clear and consistent intent daily for this --without any limitation of expected outcomes. The point of course is that the “individual aspect” sees itself as part of a larger collective being that is focused on spiritual evolution and in its relationship to the creation structures it most closely associates with. There may be a sense of a poignancy or exuberance or joy associated with this process. It is part of the ascension process. Such “council” is also available to those who transition from their body through physical death, but the focus of 3d existence has been suspended, unless there is good reason to return to 3d in short order.

## Council Among or Between Our Souls

As the connection grows, there is an increase in awareness of the flow between lower and higher levels of soul self. This reestablishment of energetic and meaningful flow is one of the ways that facilitates pressure from “as below” (3d) to the higher levels. Pain felt at the lower levels is and will be felt and processed more directly at the higher levels. Likewise the greater suffering from the influence of the dark that has taken place for so long within creation is also being felt at the level of The Creator of All (“as above”).

One of the problems has been the discontinuity between lower and higher selves and between this corner of creation and “The Creator of All”. (This is explained further in this article and in more depth in other editions of GA News on the origins of the dark and fallen creation.) We are not saying that the higher levels were totally unaware, it is just that such a great disconnection existed between existence and awareness at the lower levels of greater density –including the experience of the flow of time –that it seemed that the human and lower levels had been stranded on an island run by the spiritually insane.

To explain this further...

Suffice to say that material human suffering is about to dramatically increase due to the confluences of many social and planetary influences and those beyond. Along with this will be a corresponding increase in emotional suffering. While there have been many periods of large scale human suffering in ancient and modern times, there has not been nearly 7 billion humans on Earth before. Even more important that is new and different, is the increase flow of energy and information between the lower and higher levels of our own being –as well as between our collective being that has direct connection in 3d physicality and the higher realms of creation, especially those outside the fallen sector. This is largely due to the clearing away of much of the dark control barriers and the removal of so many of the dark beings.

These enormous changes in recent human earth years, have contributed greatly to the flow of energy and information between the lower and upper levels and vice versa. Our own higher levels can now better appreciate the dangerous predicament our lower levels have been stuck in for so long.

Consider the matrix of your aspects that constitute your soul self to be the “as below” portion of a larger dynamic. Consider a council of your soul selves, especially the higher dimensional aspects, to the “as above” portion of this dynamic. Now consider with the increased flow of information and energy that the higher levels are more intimately aware of what the lower levels are experiencing. Now consider that an increase in various forms of suffering emanating from the pivotal human aspects is now being more directly “felt” at the higher levels –as if those higher aspects are directly involved. We can now see the potential for enormous pressure being exerted from



*Hubble space telescope photo*

the lower levels to the upper levels to facilitate the end to suffering.

Consider various sorts of “conversations” occurring among the various aspects of your greater being. Consider the possibility of aspects that are 100% ready to complete themselves and move on as part of the larger being they are an element of –without any prejudicial “feelings” of failure or defeat, etc.

Now jump up a level and instead of a conclave of your aspects, imagine a council or conclave of many others’ higher aspects, connecting those souls that have embodied aspects on earth at this time.

From this high level vantage, imagine the quality of realization at these higher levels and the powerful potential to end the suffering that aspects of themselves are experiencing and perhaps in the same movement deny the dark forces further access.



*Hubble space telescope photo*

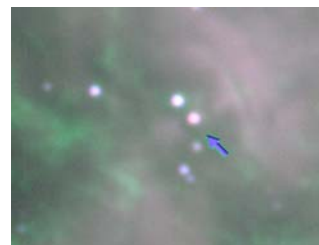
While the removal of many of the leading members of the human dark powers is possible, their long reach and influence is not to be disregarded. Their multi-generation long meme engineering process runs deep and was guided and permeated by the dark forces at a high level. This is one of the problems given to the “council” among our higher selves.

Hints of this power have filtered down into human awareness from time to time, but usually as part of a distorted message that is mis-interpreted or rendered non-operational. This could result in an inner “revolution” that overthrows the dark controls and helps start the remaking of this earth that is once again in direct connection with The Creator of All. It would thus be possible that true freewill can develop that is in direct connection to The Creator and becomes a vital part of the correction and restoration of this creation, as it was originally intended. This could also lead to “new earth” and the experience of physicality that would be free of the corrupting influences of the dark forces. These are possibilities worth giving attention to.



*Hubble space telescope photo*

How this comes about is one “topic of discussion” going on “upstairs”. Strange as it may be, one key to this process is the ongoing and increasing pressure from the lower aspects that are in fact so pivotal to the soul beings evolution. It is like holding ones “feet to the fire” –thus our higher collective selves will not allow things to degenerate to the worst case scenarios that have been prophesized.



If earth were a theater and enough theatergoers noticed things were not right –perhaps even smelled smoke –then they would sound the alarm and seek a solution. Perhaps too many theatergoers were too mesmerized to notice the alarm or smell the smoke, eventually there would be those that would break down the doors. Thus saving themselves and

rescuing those still enthralled within the theater. ...Or perhaps it is the proverbial frogs in the cook pot who show greater awareness of the rising temperature.

As below, so above –and thus not all soul beings are ready or prepared for dramatic movement forward in their evolution. But many are and many more are coming to this high realization, as it is their right as projections from God/The Creator of All.

Until recently, there were few options due to so much of the soul being imprisoned in so many ways to an existence corrupted by the dark forces.

## Ascension of Humanity

Portion of human population potentially open to spiritual evolution is roughly 20% to 40%. The remainder prefer to struggle it out as humans in 3d, no matter how bad things get. They cannot see anything beyond their level of existence. Of course their higher levels may opt for intervention. We are awaiting outcomes from that level of discussions now underway.

Of the portion open to spiritual evolution, roughly one quarter to one half are open to the notions of ascension.

Of that group, roughly one half would opt for ascension if it presents itself to them

Of those most inclined to ascension, most prefer the upshifting of their aspects – naturally this is more comfortable as it is based upon familiar structures. Perhaps this would be only a few percent of humanity initially, over a few years period perhaps this percentage doubles.

A small portion of those inclined toward ascension would be ready to move into a more singular or unified field in which there would be retained important memory of the soul body aspect, but there would no longer be clear delineation of the aspects, only tendencies toward individuation within a larger unified body.

## Are We Headed for a Collective NDE?

Applying the as above/as below principles there will be much “discourse” within each soul as to how best to effect ascension-level transformation. Likewise there will be much discourse among our higher levels as they feel the greater pressure from their own lower aspects. How each soul’s “internal collective” self decides to restructure will determine its main path. Those whose human presence has less attraction with 3d existence will have an easier time of ascension.

In the body of information of near death experiences (NDE’s), there is a small portion that had the experience of reconnection to the light of Creator. These individuals returned to their human bodies vastly changed physically and energetically. They would no longer see the world and their existence the same way again. Of this group, many developed a partially ascended state of awareness and of this group, many turned their lives to serve humanity’s spiritual evolution. What may trigger this is up for speculation, it could be a “contagion” of spiritual energies, we do not know, but this is in the field of possibilities.

*Imagine the Creator as an “egg” –  
imagine your energy body and soul  
body as an “egg”.*

*Imagine the vast Oneness of The All  
yet the tendencies toward difference  
or individuation at a grand scale.*

*Imagine your soul body developing  
such an existence in microcosm.*

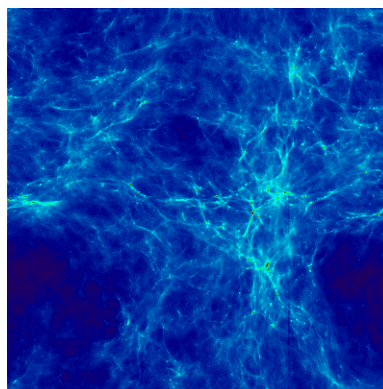
-ASK, August 10, 2009

Much is in a state of fluidity right now with bits and pieces of the larger picture coming out over these coming several weeks.

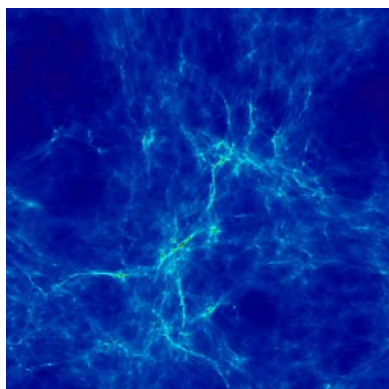
## Oneness of “The All”

Physicality, existence in the denser levels of creation, was never intended to be a desperate struggle for survival and so full of conflict and pain; nor was it ever intended to be a place of endless corruption and abuse of the Light of creation. Suffering, as a “necessary” and accepted component of human existence, has *always* been a lie. Likewise, there is no absolute “law of reincarnation” requiring rebirth into the physical, a dynamic widely exploited by the dark to keep beings trapped in their corner of creation.

At the level of “The All” there is enormous diversity and difference, yet at the same time there are seemingly infinite focal points or nodes of individuation. Looked upon from afar, these would look more like points of light, much as stars and galaxies look to our eyes from a distant Earth. There is an immense Oneness that is shared among all these “tendencies of individuation and difference”, all so interconnected with one another.



This has not been the case in the dark controlled realms. With the correction and restoration of creation from the dark, will be the introduction of appropriate counterparts of such vast oneness that also embrace many differences. Thus will be the end of all suffering with the return of the light and the growth of new creator beings.



One facet of the human “collective NDE experience” that I have been monitoring into the future is the potential imposition of a local form of “parental influence” from our higher aspects upon the lower aspects –the 3d human realm. Just as God/The Creator of All is moving in for direct “hands on” transformation, higher-self counterpart at the soul level will need to move in more closely for direct “hands on” transformation.

Humanity is at the crossroads of its existence. The crises that have just begun to unfold in the social, economic, political spheres and the changes to the planetary environment can be considered the “as below” counterparts to changes in the “as above” realms. These changes are greater than any social or economic crisis that humanity could ever imagine or encounter.

The problem has to do with the purpose and future for humanity as an expression of creation, as a “ground” for the development of new creator god beings. We are very close to reclaiming this “ancient promise” made to ourselves.

Humans are projections or aspects of larger spiritual beings and it is from this connection to higher self and original Source that humans are to be informed as to how to evolve as spiritual beings.

Each human has a path of development that is intricately related to their larger soul being.

*“Intervention from Our Own Higher Being” -v1.2*  
Reprint from Global Awakening News – August 2009

As the transformational process unfolds, a quality of “high Absolution” occurs, granted by our awakened selves in re-connection with original Source. In this process there are similarities to the more profound levels of near-death experiences that have been reported by those who “return”. One of the most dramatic is how very changed are one’s perceptions of and interactions with “reality”. This is far beyond any human notions of forgiveness or compassion. From our ascended awareness, it is to be seen that all Spirit has been through has been “worth the price” and can truly rejoice in Itself.

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## Working With Your Aspects

*Comments and suggestions from John Crawford:*

The question is “how to get a person working with the council of aspects”. It is not a short answer but I will try to make it short.

Looking at my progress with this and others I find a similar pattern in many.

First one learns how to work with the aspect pattern with an exercise such as the crystal body practice. Doing that it awakens the awareness of each of the aspects to the connection between each of the aspects as well as the fact that there are aspects above and below each.

Once one has a working knowledge and relationship with the aspects and can easily do the exercise from the point of view of the [human 3d] self (our aspect) one then moves to the position of observer standing outside of the aspects and watching the crystal body as an observer. That is to say outside of the self (aspect) but still within the soul body crystal.

Once that is a familiar pattern then the self can approach another aspect, usually the one above or below, and begin a conversation with that aspect. Once that is accomplished it is easy to ask that a conference of selves or aspects happen.

The conference can happen at any level, it is usually easier to do so at the level above this one or at this one. The one above is suggested. Once the council has met you can begin working with the aspects to help with the healing of each individual aspect.

To do this the council meets at a level such as the level of the first aspect. The aspects surround the aspect of that level and, using the abilities of each level, begin the process of healing that aspect. Each aspect usually works primarily on the energies that they are most familiar with. The aspect of the fourth (4d) level works on the energies of the fourth or heart chakra on the individual and so on. Also the aspects help with the general healing of the aspect in question. Helping with the healing not only of the energies of that aspect but helping with the changing of the physical signature of that aspect so that the healing properties of that aspect can come forth and heal the physical being of that aspect.

More to come...

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