

2008 “Spring Edition” (February to June)

**\* PART TWO \***

# Global Awakening News

Commentary and Guidance for Enlightened Change  
During Rapidly Changing Times

Global Awakening News “Spring” Issue of February to June 2008  
Due to various cosmic and mundane conditions, this issue has been delayed until now.

These will be published at PCFN section for bulletins <http://www.pfcn.net/napsun-bul1.html>  
and

New Earth Summit forums “Articles Worth Considering” section  
<http://newearthsummit.org/forum/index.php?topic=557.msg2446#msg2446>

## **PART ONE**

**“State of the Vision 2008 Future-views to 2010 and onwards”**

This section has been a place where we summarize the present situation and outlook as well as touch upon key themes contained within the issue.

## **PART TWO**

**“Transformation and Ascension, As Above – As Below”**

## **PART THREE**

**“Truth or Consequences, Bifurcation and the Future of Humanity”**

Available in approximately one week

## **PART FOUR**

**“Meme Control and Millennia of Interference with Humanity”**

Available in approximately two weeks

## **PART FIVE**

**“The Big Picture, A Special Commentary”**

It provides a unique overview of the nature of the origins of the dark forces in a way that can be traced to the events surrounding Earth and humanity to present day.

Available in approximately one week

## **PART SIX**

Additional material will be included in the final compilation issue that will be ready when Part Five is published and will include Tom Kenyon’s thoughts on the changes to the magnetic field and its implications to humans.

Available in approximately one week

# Transformation and Ascension As Above – As Below

By Alex Kochkin and John Crawford

*Note: This was first introduced in the October 2007 issue of Global Awakening News, see <http://www.pfcn.net/Bulletins/GA%20Oct%202007%20edition.pdf> for background. The material in this issue is just a beginning to an enormous set of changes. As we gain new insights, we will try to report back. Meanwhile, we urge everyone find ways to check in with their higher-self! Also, the [New Earth Summit](#) forums are a good place to share what is possible with one another.*

## Preface

The possibility of a planetary-wide ascension, the dramatic evolution of the human species into higher dimensional beings, has long been a dream of true Creation. Until recently, this possibility was rapidly waning. There is now an energetic up-shift occurring, simply represented by the simple expression, “raising all boats”. This is occurring in the upper realms as well as in earth 3-d density and human physicality. As the entirety of the earth-human reality system is up-shifted, more people are afforded access to higher-self free-will choices, where before there was only a distorted and twisted parody of it at the personality level. A new wave of transformational energies is now incoming and further changes are anticipated for July this year. This is expected to have corresponding physical changes in terms of planetary and human changes – and non physical in terms of energy shifts and corresponding new awareness.

At the same time there is a bifurcation occurring –affecting consciousness and the energetic structures of reality. This bifurcation does not seem to be a split in reality, but more a *vibrational differentiation* within a common space-time. The relationship to choices and human consciousness are discussed further in another article in this issue, titled *Bifurcations and the Future of Humanity*.

In the *initial* stages there is on the one hand, a “devolving spiral” involving those most enmeshed with the old “matrix world”, including many who are so righteously motivated to fight the system and alleviate human suffering. On the other hand, there is an “evolving spiral” of those most enmeshed with reconnecting with true Oneness, Original Source, and spiritual evolution.

At first, this evolving or ascending spiral is like a drop of water returning to the ocean. At first there is some trepidation – will the small drop be annihilated by the greater ocean? Or will it be to the greater benefit of both – the small one gaining more of its true nature while retaining its unique awareness. So at first the bolder small drops begin to touch the ocean, ever so delicately at first. For many, the connection with higher-self can minimize such trepidation.

## End Times

*“The so-called “End Times” to which the attention of so many is now drawn is not an ending in the physical sense, so much as a transcendence of the limitations posed by linear perspective. The endings that may well transpire in the physical lives of many are not the objective of the events that may precipitate them. Rather, these endings are the doorway to another level of experience, whether or not in physical form.”*

- by Rasha from her book, *Oneness*

A personal question for many who are focused on spiritual development is how to engage in service in the external world, yet not become enmeshed with the dark control matrix. This problem has much to do with detachment yet engaging in such a way as to perform service -- assuming that is relevant to one's situation. A major question has to do with motivation. Are you trying to “fix” what cannot be “fixed”? ...Or are you trying to be of aid and encouragement in connecting to their higher-self and their own spiritual evolution?

## What You Choose to Matter...

Practice detachment, and yet caring. Detached, and yet loving. Detached, and yet engaged with others in a most conscious manner.

For many, there is strong attachment to human physicality or to serving humanity at this time. It is a tough challenge to act with caring and service yet with right detachment. Attachment is also a difficult challenge when it is a positive one, such as to one's children or parents, to an experience that is fulfilling, etc. Those are all tough attachments to overcome. As we have written before, some are attached to the righteous struggle against injustice and all that is unright about our world. These are also attachments to the old “matrix world”. One more favorite biscuit, one more person saved from hunger, one more walk in the park... Ascension does not mean that these experiences are negated or denied, but in the initial stages, excessive attachment interferes with the ascension process.

This is also addressed in the short article in this issue titled: *Choosing Awakening, Freewill of the Higher-self*.

Ascension includes “experiences”, but they are different than the way things are processed from our present human 3-d awareness. Initially for some there may be a highly enhanced, dual awareness: in the 3-d here/now consensus reality *and* in a higher state of awareness. Mainly, there is the letting go and the surrendering to your higher nature.

## Introduction

This article focuses on the process of transformation of physicality, “reality”, the human body, and human focused consciousness. There is growing evidence for the transformation/translation of the body and/or consciousness into a higher order of existence – something that has mostly been hidden for thousands of years.

“Ascension” and “transformation” are terms that we first need to describe a little. If you are reading this, you are already aware there are various levels of existence – as well as the physical, mental, emotional, etc. modalities. *Ascension* applied to humanity refers to a qualitative change of state of *existence*. By *transformation*, we refer to the larger process and outcomes of these changes. Everyone experiencing the transformational processes will find options for a new and renewed existence that for each will represent a new stage in their evolution as spiritual beings. It is not possible to explain all the possible and likely outcomes for individuals, but we will provide an overview of the numerous options as best as we can.

Things are a bit different now and so the concept of “ascension” needs some re-definition.

Traditionally and to this day, it has generally been assumed that ascension meant leaving your body behind. Even this seemingly straightforward statement is loaded with myriad

implications and problems. Some of the surviving texts from early ascension practices were focused on the transformation of the *totality* of ones physical-energy-consciousness into a state of higher existence. Very few achieved such an all-inclusive transformation. While the possibility is very real for some to experience such a complete transformation, this is not a prerequisite to ascension. There is additionally the possibility of large numbers finding themselves in familiar enough bodies but in a vibrationally changed environment along with a more complete awareness through their higher-self collective.

There are old practices focused on an "energetic decompiling" of the physical body --one text used the term "vaporization". Other practices refer to the conversion of the physical body into a "rainbow body" (of light). In certain modern metaphysical circles there is an expectation of a shift into a "light body", and then there is the "rapture" version of certain religious circles. These perspectives are incomplete and misleading while containing elements of truth.

From what we can determine, the complete transformation of the physical body was a rare occurrence for most ascension practices. Generally, ones physical body was left behind upon completion of a conscious and structured process that facilitates the movement of your "I" consciousness to another level/dimension of existence -- to a higher dimensional body/form or perhaps formless. This represents a return to your higher-self collective with much of your "I" self intact. Altogether, there has been too much preoccupation with whether the physical body translates completely into a higher vibration or not.

The ascension process is a pathway for those who are spiritually awakening to their higher nature and potentials. However ascension is a broad category that involves changing vibrational states or dimensional levels relative to ones consciousness and/or level of "physical" existence. As with the term "higher vibration", "ascension" does *not* automatically equate to better, more evolved, more in accord with true Source, etc. It just means a higher state of being. Thus it is possible to be in an ascended state and still be enmeshed with fallen dimensions and even be involved as an agent of the dark. Let's pause on this for a moment: higher dimensional beings that serve as controllers and influencers over beings of a lesser vibrational state, etc. all the way to 3-d density...hmmm. In turn they influence and parasitize the humans on earth to suite their purposes. So it is interesting that humans in turn have various stories and myths about wars in heaven, wars in heaven come to earth and involving humans, "gods" and humans inter-breeding, false gods, secret societies for the true light, secret and societies for the dark. Good versus evil, and all that. This sounds like a good movie plot or two.

It is possible to go through some levels of ascension and still come back to earth as an unascended being, even one showing little spiritual growth. *Relative ascension* can also be used as a tool of the dark to keep the process of enslavement continuing. This is possible because generally when a being ascended they were not free of the dark, just shifted into another strata under the influence of the dark, one of a higher vibration that was out of the range of normal awareness for most people. In the larger scheme of things, *complete ascension* becomes a matter of collecting ourselves into a more unified collective energy body and rejoining with our true Origins. This is a level of spiritual growth on a vast scale and our personality selves have "reserved seating" tickets, if we choose to use them.

For these reasons and more, we prefer to use term *transformation process* as a more encompassing meta-concept. To our context and usage, the transformational process also

involves the undoing of much of the troublesome energies that have plagued the ascension process and as well as deliberately limited and distorted the existence of humanity.

One facet of this transformation is the “turning on” more of our “light circuits” and the separating out of the true Light from the dark, relative to humans and their environment. One result of this clearing and restoration process is a more facile connection to higher-self and a more conscious connection with true Source. For some it will eventually mean leaving their body and familiar lives behind. For some it will be to vibrate their body out of this common reality. For others it will be as if their human existence continues but in a heightened state of being and awareness and abilities. Much will depend upon circumstances and mission. There may also be some technology aids employed by higher dimensional beings to facilitate the transformation process for some portion of the population.

***Ascension, the Dark Forces, and Stargate SG-1:*** *The television series Stargate, SG-1 is the first to address ascension and the dark forces --and in an intelligent and meaningful way. Here is a quick synopsis of one of many themes running through this series.*

*Initially, there was a lead character, Daniel, who selflessly gave his life to save many during a crisis. As he lies dying, a “being of light” offers to help him to ascend to a higher vibrational existence. He grapples with his worthiness and so goes through some life review issues. Eventually he chooses ascension as his next path in existence. His body dissolves into light. Later it is revealed that he can project himself much as he formerly looked and interact with some who had a familiarity with. But there are rules in the ascension game, and one of this non-interference in lower vibrational realms. Later he chooses to descend again as human with very little of his ascended awareness remaining and thus starts a new life again in 3-d density, drawn out of his desire to serve directly in saving humanity and others from a grave threat from the dark forces. The sacrifice he made was to risk losing his ascended level of awareness and risk losing of most of his memories from the ascended realms. (The ascended being who helped it turns out somewhat crossed the line in order to facilitate Daniel’s ascension process and did so again to help him descend.) This tv series later introduced lower level ET “bad guys” who were mostly selfish non-human extra-terrestrials who were into power and influence and conquering worlds and one another. They were powerful ET’s but nevertheless had a mortality. Later the series introduces a more dangerous and serious threat: an ascended being who was mainly allied with the dark forces. As explained before, there are rules, another one is that if you work for the dark forces and you can only go so far in the ascension process. So this dark lord type is mostly non-physical and only uses a body as an interim vehicle from which to interact with and manipulate others. He is not only into conquering all lesser beings, but is also an equal and enemy of those in the ascended realm whose non-interference played a role in this dark being gaining as much power as he did. Later the series introduces another type of dark force – a collective dark entity that only appears as flames and energy and has no body. These false gods project themselves as true creation gods and require the fealty of lesser beings in order for them to vampirize their energy. They even created a bible-like book that was used to indoctrinate naïve people. Their version of ascension was a complete falsehood lie to their followers.*

*There was also a race in this series known as the “Ancients” who were the early forerunners of humans on earth and who had found a way to ascend to the higher realms and even found a way to defeat the dark-force collective. The series also delved into the topic of soulless beings –totally sentient and artificially self-creating. A faction of them opted to go beyond mere expansion of their presence as a goal and sought the secret to ascending. It was made clear that as soulless beings they would not be capable of this.*

*Pretty sophisticated stuff for a television series! Well, there you have it.*

## Ascension and Transformation

While most individuals in 3-d density are for the most part focused on bodily and social existence, there is another level to individuated awareness, one that is no longer “on its own” but has found reconnection with its higher-self matrix. This would be a vastly expanded awareness of “I”, an “I + more”. It eventually brings our human personality “self” into nearly seamless connection with our true nature and higher aspects. This extends further into connection and communion with true Source Creation.

More than spiritually awakened consciousness, there is the matter of a change in vibrational existence. Thus there is a connection between reconnection to higher-self and true Source as part of one's daily life and daily awareness. This is part of the ascension process

“Ascension” is broader concept than what most teachings cover. The issues surrounding the most famous spiritual figures in history are such, that the matter of if and how they experienced ascension is fiercely debated by far too many people and for far too long. Every time someone points to a being who might “qualify” as ascended, then someone questions how they ascended, how that process unfolded, how it can be replicated, and who has the “correct” methods, etc. So right at the start there are plenty of problems.

Some have asked, who is an ascended being to use as an example? We would ask who is authoritative on this matter? Someone could make a case that certain Taoists succeeded. Then there is a panopoly of supposedly ascended beings, some of whom are beneficent guides to humanity, and some who are dark beings posing as “good guys”. Many of the beings whom humans have regarded as “ascended masters”, found there were limits to the ascension process, especially within a creation matrix under the control of the dark forces. So it all gets a little more complicated.

Ascension-related practices first help to revitalize the physical body energetics and then build a higher vibrational energy body. Concomitant with this is the development of higher order awareness and connection with one's higher-self matrix or collective higher-self.

As more humans find a stable connection with their higher-self collective, options will become clear to each person. Thus the earthly and bodily existence questions are resolved to each being's unique situation and needs and requests. Regardless of how one approaches personal ascension, consistent focused intent is essential.

There are those who believe that ascension requires the removal of the developed consciousness from the body and the leaving behind of the bodily remains. To some, leaving the old body behind may involve the creation of a new higher vibrational body. To some, the matter of form or formless is governed by what is most appropriate to the given ascended state. There are those who believe that ascension involves the transmutation of the physical

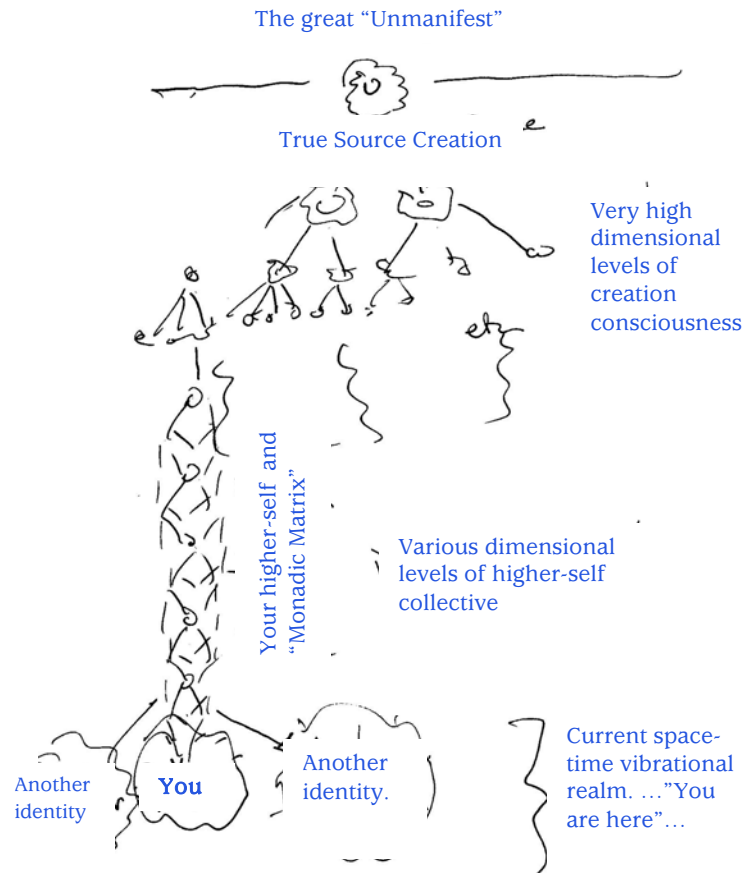
### “Vibrationally Differentiated”

*We use the term “vibrationally differentiated” since it is the best term that describes a situation in which entities can exist in the same time and space yet seemingly be invisible from one other's visual and tactile perception, or at least from the perception of those below a relative vibrational threshold. Depending on circumstances, it would be possible for a higher vibrational entity to assist a lower one. In some ways this is not so unusual since there are those who are more sensitive to “invisibles” such as the fairies, devas, and other beings who are vibrating at a higher rate than most humans. This ability would also include conscious interaction with various subtle energy fields in general. What is unusual is that this could be happening to growing numbers of people.*

body into more refined energy that vibrates out of this density realm and hence disappears to most viewers in 3-d. There are those who believe that ascension is possible while presently embodied in what we are terming 3-d and that state of ascension can continue as long as it is appropriate to the ascended entity existence and development. Some may “go missing” as they walk out of this reality while in their bodies – either by vibrating themselves out, locating a handy portal, or getting teleported to a ship (yes there are such “vehicles” but not as popularized. Some will temporarily “associate” themselves with another person/s on Earth-1 for a while, perhaps to act as guide or guardian.

From our perspective these statements are not in contradiction to one another. All are true to some extent and all relate to ascension. Whatever may or may not have been the case in the past is whatever it is, this is not of great concern at this point. It is a “new ball game”, as people say, so there will be many unique situations to explore.

One way of looking at our individual human personalities is to see them as projections and creations of a higher order collective awareness of such complexity, that one is tempted to consider for a moment the notion of “multiple personalities”! This matrix, of somewhat individuated higher order “awarenesses”, functions as a collective that projects aspects of itself at various vibrational levels. This sort of projection or differentiation occurs at all levels of the creation process, from the highest levels to the most human and discrete. Ultimately this is traceable to our very moment of original differentiation from True Source.



The diagram on this page helps illustrate this. At the top is the Unmanifest, divine true source, and the beginning of differentiation from true Source. Eventually there is “you” and maybe a few other “you’s” differentiated from a higher-self collective or matrix.

## Some Psycho-emotional Effects

“Vibrational differentiation” is a term we coined to help describe the effects from the clearing and sorting out process referred to in the October 2007 GA News issue. Imagine you have been accustomed all this lifetime (and likely other lifetimes as well) to carrying a mix of true light and the darkness by virtue of being in a 3-d density realm under the influence of the dark. Now imagine that those dark aspects, atoms, dark strands of the subtle energy bodies being removed. It is a bit like feeling somewhat vulnerable and quite on edge –to the one side anxiety or sadness or elation, to the other, anger or upset. Those who have been trying to stay

embodied have been having quite a time of this, as it has not been much fun. For some it is a familiar territory as they worked with this process as “cosmic guinea pigs” to help find ways to ease the transformational processes for large numbers of people.

So it would seem that it is now time and the new energy is incoming at an increasing rate. Initially for many who will be getting cleared of the chronic infection of the dark influence, it will be destabilizing. One moment sorrow, another elation. Yet another moment, upset and anger. Heightened nervous or physical energy, unusual sleep patterns, a sense of time distortion has been noted by many recently. For most people all this will be inexplicable. For those who have some sense of this, they will be able to help others. Some will simply attribute it to the mounting stress of daily life on a planet under intense change processes.

Removing of the dark after so long being accustomed to carrying it around will be very very unsettling for many. The closer to the transformational event horizon one is at any given stage, the easier it will be to understand what is occurring. But initially, it can be strange and a bit disturbing.

Incoming space or solar energies will also contribute to triggering sensible phenomena and may provide some “distraction” to many people during a time of great energetic changes overall. Many will attribute their new sense of strange lightness and disorientation to these space phenomena. It really won't matter that people will not be certain of causes, since the entire planetary system will be awash with these energies. (For additional insights into changes affecting planetary and human energy fields, please see Tom Kenyon's article in this issue on Earth's Magnetic Fields.)

## More on Ascension Processes

Understanding the ascension process is difficult, partly because of the vocabulary, but mostly because of the different descriptions of ascension and the expectations resulting from these descriptions. Most descriptions come from people who have limited understanding of the higher realms. In attempting to describe an event that does not fit into their ability to describe, it is natural to translate it into words and actions that fit ones understanding of the universe and their place in it.

One thing that makes it difficult to understand is the deficit of knowledge of the different levels and the transitioning of these levels. Often what people describe as ascension is just the expansion of the person to a level just above this one and their subsequent disappearance from this level. While this is not the entirety of ascension, it is a part of the ascension process and represents important growth in preparation for what is viewed by the greater whole (those outside the fallen sector) as true ascension.

Discussion of levels of existence is complicated because of the nature of vibrational levels and the way they are can be described and distinguished. The greater creation of “The All” includes many Creation Structures that in turn include many universes. Within our Creation Structure there are dozens of known levels of existence. Some levels are so similar that they appear sometimes as a single level. In some situations, the lower part of a level and the highest part are so dissimilar that they can be confused as two distinct levels.

We as individuated souls inhabit 7 distinct levels within this Creation Structure.

Our first level is not on the lowest level, but is very close. Our human personality consciousness resides primarily within the third level (3-d) of a seven level structure. We have strong affinity for the fourth level (4-d) and the second level (2-d) because of the proximity to us and because we have evolved from the second level and are evolving into the fourth. These have correspondence to our primary chakras. This can somewhat explain our attachment to the ideal of love as well as to the sexual/survival/species survival that we have and the pull between the two. Each level has distinct qualities and we work with the energies of that level to gain mastery of that level. When each of our seven selves on the seven levels masters that level then all seven move one level higher within the dimensional structure.

We have individuated bodies on each of the seven levels. Each lives a life on that level and develops there. We influence each of these levels as each level influences us. The greatest influence is generally from the levels closest to us but all play a role. These seven levels are an out-picturing or projection of our soul just as our seven chakras are an out-picturing or projection of our place at this level. Our chakras are also a direct connection to the two aspects below and the four aspects above us.

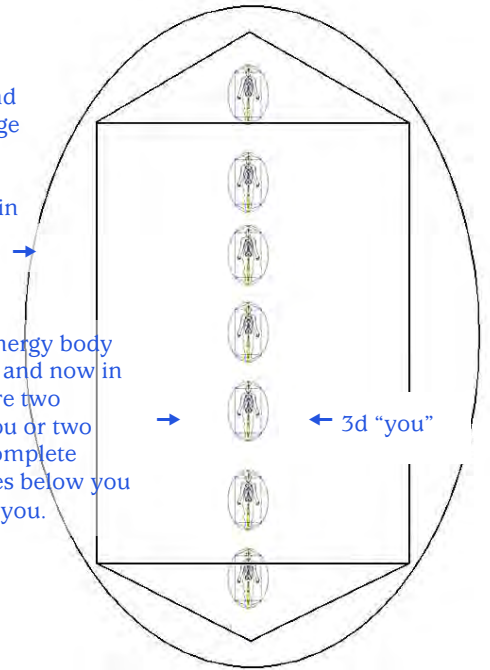
When one aspect or energy body has completed all of its work on that level and is ready to move on, but one or more of the other six is not ready, that aspect moves to the highest energetic area of the level it is on. When it does, it can appear that it has ascended or moved upward to the next level. In the sector we are in this is more often the case and what can happen is that the person may decide to descend back into matter and re-embodify for further growth. Those on the highest levels of this level who can interact with humans at their lower level of development are often seen as “ascended masters” because of their development and because they have retained the ability to interact and influence things at this level. This is only possible because they are still attached to this level and have not moved on to the next level. When they move on their ability to interact at this level will be limited at best, and impossible in most cases.

Let’s consider ascension as it is seen from the greater whole of those who are not limited to this creation structure. There are many creation structures within the beingness of God. These are contained within a greater creation structure that is itself contained with other greater structures within even greater structures. Having said that, the “greater creation beings” consider ascension to happen when a being brings all seven aspects into one whole and grows into the greater being that is the soul itself. Once that happens, the greater self graduates or ascends out of this creation structure and continues a process of growth and movement into being a Creator with the responsibilities of a “Creator being”.

One of the difficulties of the movement through the levels towards the ascension is that it has been a gradual process. This process can be speeded up through the aligning of the seven bodies and their purpose. Also what is needed is to get all seven bodies vibrating at the same

This represents your soul body “crystal” and a correspondingly large luminous egg energy body. Imagine it roughly 60 to 70 feet in height.

This is the energy body for you here and now in 3-d. There are two aspects of you or two additional complete energy bodies below you and 4 above you.



Seven aspects or energy bodies within a greater “soul body”

frequency at the same time as well as beginning the process of aligning these bodies with the frequency of the greater soul self. There are techniques available for this requiring focused intent to bring it about. You are in a unique place to help this happen as you are on the third density level, comparable to the third chakra, the level of power. You can develop the ability to bring your other aspects or energy bodies into harmony and supply the power necessary for the connection to take place. This leads to freeing oneself from the life to life, level to level requirement that has characterized ascension.

To assist in this process, energy exercises will be posted at the NES forums that can be read and downloaded. Link: <http://newearthsummit.org/forum/index.php?topic=607.0> in the “Articles Worth Considering” section.

## Collective NDE and the “White-light” Process

One process that is in play for all humanity is a rapid transformational process emanating from the highest levels that we are terming a “white-light process”. This is akin to a collective near death experience (NDE). Memories can be re-set. Healings at all levels of the light body, consciousness, and physicality can be achieved. While this process can overtake and transform people very dramatically, it is not likely that this first major pass will achieve the transformation of a majority of humanity. This is supported by near term future viewing out one year to two years that shows humanity still dealing with the aftermath of a worsening of the present crises, and then some. What cannot be determined in future viewing is the extent of transformation of that percentage of the human population that will experience these changes. There are two “wildcards” that we are aware of. One is the possibility of large numbers of people leaving via natural disasters and official death and injury counts will not be able to accounting for substantial numbers of people involved. The other “wildcard” is “vibrational differentiation”. Over time, some people simply may seem to disappear from their former lives and very little memory is left of them. Please understand, we do not know any of this as a certain “done deal”, but the fact that we are aware of this possibility is significant. This whole process is a very new experiment being conducted at many levels. As of this writing, initial stages of a spiritual bifurcation of humanity may become socially apparent before 2010, quite likely in 2009.

With the bulk of the population embodied and exposed to this “white-light process”, there remains the problem of the artifacts and detritus of human society. These “artifacts” speak volumes about so much that went awry under the influence of the dark. These “problems” are mainly being addressed at a higher level than ordinary human awareness. As more humans move into the initial stages of ascension, they will be able to provide new answers and feedback on these and other problems. These ideas are presented here to help make readers aware of some of the problems associated with the removal and clearing of the dark forces and their heavy imprinting upon everything they touched. These are very important considerations if one goal is to help assure that the dark force patterns do not find ways to spread again.

So how to address this matter of the artifacts of the old? One way is rejection of the old by those emerging from the transformation experience as changed humans. But if the transformational process is protracted over too long a period, then there could develop too severe a schism in society between those awakened and those not (sort of a high level version of “haves and have-nots”). This can lead to further problems.

However, if the "white-light alterations" are deep enough and rapid enough to include the vast majority of all "earthlings", then nearly everyone is in a similar boat and the differences in an initial bifurcation process can be lessened. Those better prepared could serve as interim leaders and teachers to help others adjust to the new situation. This process can happen fairly quickly and with sufficient changes to the "external environment" -- human social and planet physical -- the adjustment period can be fairly rapid and with little harmful "cognitive dissonance", even when confronted with the "artifacts" of the old. Perhaps after some trial runs, there will come a point within a few years in which massive and thoroughgoing change will occur.

Far-fetched? We think not, given the ample precedent. For example, very large numbers of people have reported paranormal and extraordinary experiences in general, as well as near death experiences (NDE's). Formerly dismissed and marginalized, NDE's are now accepted as valid experiences that are outside of ordinary awareness and experiencing. Most importantly, a significant portion of those who have had NDE's recall experiencing the "white-light" effect that enhanced and expanded their ordinary awareness and in some cases also facilitated physical changes. The "white-light" for these individuals was related to experiencing the higher realms of light, bypassing the dark control fences, and reconnecting with true Source or conscious energies emanating from true Source. In nearly all cases their lives were forever changed and many developed new abilities.

As the nearest dimensional or vibrational realms to human existence are cleared of dark entities and influences, a pronounced "white-light effect" is expected to come into play in the overall transformational process. The power and influence of this is to effect enormous changes to our awareness and existence. The question of how much of this can be handled in the shortest period of time with the greatest overall benefit to the transformational process, will only be known as it unfolds. Already these white-light energies are touching down to earth and to individuals, as this transformational process "works out the bugs" in itself.

For those who have been through this level of transformation (via a NDE or other dramatic spiritual awakening) they know that as they re-entered their bodies, their awareness of *everything* fundamentally changed --without exception. Many experienced profound and beneficial bodily changes. From an awakened perspective, there is a profoundly detached discernment and a quality of loving amazement at what they have been through. The implications are extraordinary for the transformation of humanity and the clearing of the influences from the dark upon many levels of existence. In this regard we find that it is possible for humanity to reject the old from a perspective of non-duality. This process has never been done before, certainly not under these conditions or at this scale.

The vibrational up-shifting or "raising of all boats" facilitates the white-light process. Those who are already in a higher vibrational state will most likely notice certain aspects of these changes first since their awareness is that much more enhanced. With the raising of the overall vibration of the planet, those with a more enhanced awareness will more readily notice enhanced surroundings.

The possibility of a *vibrational differentiation* is significant enough to pay attention to. Whether the physical body is transformed/transmuted and ceases to be apparent to others who are operating in a lower vibrational state exist in 3-d, will be only one confirmation of the transformation process and only for certain situations. What if increasing numbers of people shifted into the next stages of existence? This possibility seems on the agenda for this year and

out some years, concurrent with a diminishing human population within the lower vibrational range.

## New Situation for Transformation and Ascension

We are now in a new situation in which the dark forces are rapidly losing in their domination and will be soon enough diminished in their influences on human-earthly matters. This is supported by higher cosmic level actions as well as the overall gradual vibrational raising of the earth-human reality.

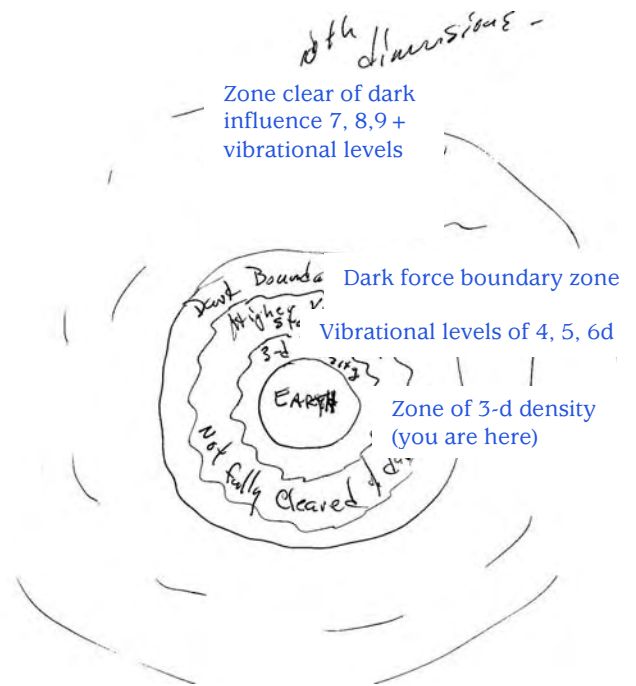
New circumstances now would include planetary ascension and the “raising of all boats” for those who remain on Earth during this process. And there is the not-so-small matter of the direct attention of original Source Creator. And then there is the matter of a numerically large number of people on Earth who are ascension oriented, regardless of their background and preferred terminology. This would include both religious and non-religious orientation. And yes, our whole little galaxy is moving in a different manner relative to the larger Milky Way and the energies changing relative to the galaxy’s spiral arms.

There are various levels of frequency bands or layers that are above what would be regarded as 3-d density. As the higher levels are being cleared, to avoid being changed and to continue their agendas, some of the dark forces are descending closer to the 3-d reality of humans. The result is that they can have a more direct influence on human affairs (not so good for humans) and the lower layers become harder to clear with these added “troublesome” entities. The third level up from human 3-d could be regarded as 6-d. The next level up is part of the true Source/ original Creation that extends into this sector and it could be called “7-d +”.

These are not really meant to be precise, literal descriptors, but they are useful here and they allow some concordance with the writings of others.

The next level above us changed very quickly and has finished its transformation. It is now evident that the changes have been happening faster than the three year period that had been anticipated. There appear to be fewer beings on the 4-d level than were present before the change. The second level (5-d) above us finished the turmoil period of adjustment and is in the white-light *stage of rebuilding*. This level is denser than the one above and the one below is denser still, but this does not appear to be a problem for the white-light process.

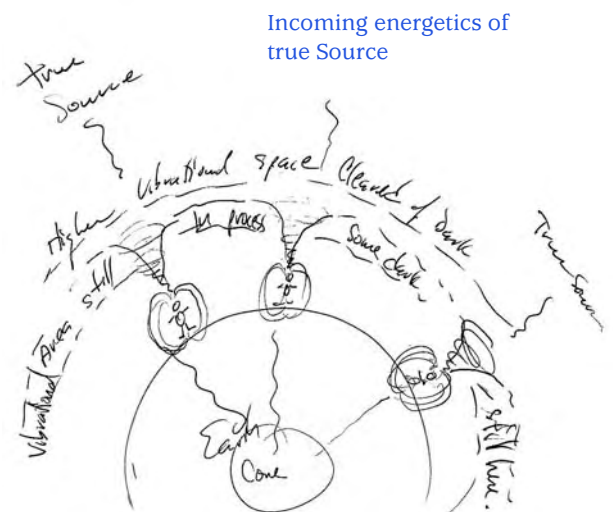
There is also an increase of beings that are not “of the light” in the range of human reality. In effect they “took a deep breath” and descended further to continue their agendas in realms that coincide more with that which most of humanity operates in. It appears that they are coming down from the higher levels to avoid or postpone the change that is happening. Because of their presence here, there is more “mischief” happening to individuals – and social or global conflicts -- as these dark entities attempt to find ways to avoid the changes. They are



prevented from fleeing this sector and they can only run down into density so far. They have reached the end as far as running goes and they are causing problems because they are cornered and feel threatened. Taking their anger and fear out on the embodied, is the only power they have left. This is changing now that the white-light is entering this level. We are in the beginning stage of the transformations and will soon be in a turmoil period involving the white-light process.

As to timing, as often the case, there is no way to say how long the major changes will take in terms of the energetic restructuring of humanity and reality. We have been operating on the assumption of a three-year period for great change (2008 to 2010) and a restructuring it has become apparent that this is not the case with the changes happening with the white-light. It is progressing fairly well and should be the most intense in July 2008, possibly longer. This wave of major energy changes should be completed sometime in the fall of 2008. As to the effects of these changes, we will probably see these unfolding and manifesting over the next few years before we arrive at a more settled level of activity. (See the following article: *Bifurcations and the Future of Humanity*).

There are also interesting changes occurring at this level that are related to the changes at higher levels. Funnels of energy have been reaching down from higher levels and connecting individuals at this level of 3-d. These connections are not yet complete and appear to be preparation for the conversion or larger changes that are to take place. This is a significant new development that seems to affect both the energetics of awareness and those of physicality. Sensitive individuals have noted physical and extrasensory experiences with these new energy conduits and have described some as vortex-like, others more like narrow or wide enormous columns.



Given the rapidity of the changes, one could say this is “old news” in some ways, as the white-light is here and increasing. However, relatively few have noted this and fewer still have tried to describe the process. The funnels of light are still even “whiter” and some individuals are being affected earlier than others so that they can help with the anchoring of the white-light in with the developing transition process.

What if there were a significant number of individuals all over the planet who were like electrical plug receptacles that interface the high levels of true Source consciousness and the planet and the energy envelope of humanity? This poses an interesting situation that we touch on later in this and other articles in this issue.

With seven billion people on the planet, even a very small fraction shifting into the next stages of ascension would represent a large number of people and an important shift in the overall vibratory state for humanity as a whole. Would this not accelerate the process for all?

There is the possibility that there will be those who remain embodied in the 3-d density for awhile, walking around in a partially ascended state of awareness. Some, not all, would have

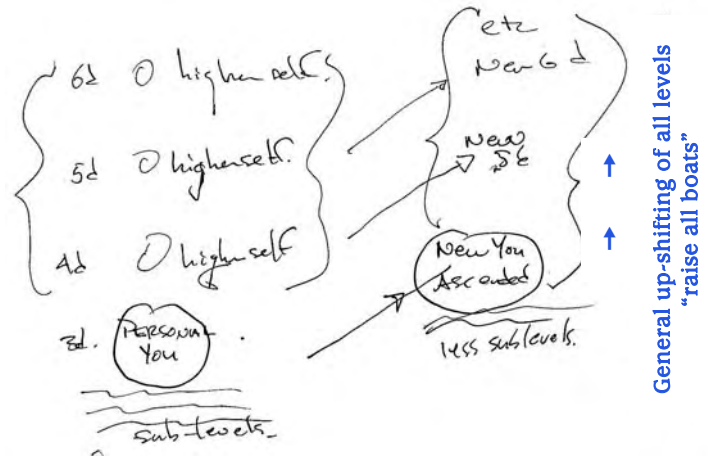
new abilities, depending on their new “job descriptions”. How these individuals will affect other humans and the overall remains to be seen.

## Further Thoughts

So many people have been experiencing a fluid alternation between elation and grieving. Part of this is related to ones higher conscious knowing of the great changes coming for themselves and multitudes of others. What to our present level of human awareness may seem to be relatively unenlightened relative to our higher-self matrix, may become a higher-self to a new being at some point in the future. Yes, indeed.

There are a number of processes underway. One pertains to clearing the realms immediately above what would be regarded as 3-d density. This makes it easier for the human personality and higher-self levels to be in more direct connection with one another. Through this connection, a higher vibratory link is made to others at similar vibrational levels – a shared resonance. The more people successfully experience the general up-shifting facilitates many more for such changes to their awareness and physicality.

The possibility of large numbers of people leaving their bodies behind due to natural disasters and disease cannot be omitted here. Just because someone may not have engaged in a conscious transformational process, does not mean that they will be unable to move through an ascension process,



This very simplistic diagram illustrates both a general up-shifting occurring, relative to our human 3-d perspective and facets of the process of personal transformation. A general up-shifting

could be considered that 4d starts moving toward 5d, 5d starts moving toward 6d, etc. In 3d there is the familiar “you”. The transformation process sets the stage whereby many will be finding themselves in regular communion with their higher selves and finding that they look at their world very differently. At some point, “little old you” may be in a position of helping to oversee a new 3d “someone”. To give one simple example, perhaps “you” have completed your main mission or intention in coming in to 3d earth human reality, you may go into “elective free time” and take on new work here. Perhaps you will spiritually grow into a new level of awareness and eventually find appropriate closure of this existence and you begin the shift into a new vibrational level.

These are only simple words used to describe something for which there are not the words. From the perspective of the old lower vibrational you and those around that “you”, this will feel and look like “ascension”. Those operating from a higher vibrational will naturally find others through shared resonance and new modes of interaction and communication will become evident --the “inner-net”.

At some point in the process of spiritual growth within ones higher-self matrix, a more unified greater self made up of a unification of the major bodies can form of this collective awareness and begin the process of reconnecting directly with true Source of All.

Our planet is changing energetically and physically. The solar system and our immediate galaxy is changing as is its relationship to the Milky Way. Humanity’s social, economic, and political structures are breaking down. These internal pressures as a whole occurring within a background major planetary change, are like so many contractions, in effect moving a great birth process along. These are all transformational processes that are guided by sentient influence from the highest realms.

A massive clearing and restructuring is going on at higher and higher levels of creation. Humanity on earth may seem to be running a bit “behind schedule”, but this has been somewhat of a “tough nut to crack”, like a black walnut, very tough.

Mounting food crises (nourishment of body) and spiritual nourishment are simple examples within our earthly existence of the “as above, so below” dynamics. Food, the body, our physical reality substructures - as below; spirituality, higher-self, connection to true Source -- as above.

Our higher selves draw closer to our personal selves. True Source reaches closer to our ordinary existence, clearing the obstacles away in the immediately higher bands of existence, preparing pathways and portals for us to rejoin our true nature. There is no loss, only the gain of our greater selves and awareness. At our deepest awareness there is a longing for this reconnection to our true selves.

The 3-d world will be in turmoil for a (hopefully) brief period. What is presently going on is merely a start. One can look at this as an exercise in contrasts. How much contrast will people need in their lives before more shake themselves a little bit awake and consider what is truly important to them as spiritual beings. The major institutions of control - economy, politics, religion, etc. all are breaking and their hold on people is weakening. But this will not all change overnight.

Humanity has no externally organized structures and processes to ease such a tremendous change. However, people do have trusted families and local community that can play some role in help easing the transition. As always, our closest “family of light” is found in our own higher-self matrix.

What today seems like isolated personality selves reaching out for connection to the closest available aspects of higher-self, tomorrow will find ourselves shifted up into a position of higher-self. For some there will be another “lower” self to mentor, for others this will be the end of one phase of existence and the beginning of new one.

What calls itself “humanity” will be discovering new reasons for existence, as it will be not enough to simply “be”. This shall be part of a great revelation as we shift into a higher vibratory existence and beyond.

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***“We are here to go.”***

*... from someone who traveled widely*

*“The catastrophic events that are being experienced by large segments of the population in remote areas of the globe are indicative of a mass release of energy that has been liberated from the need to continue in oppressive conditions. Having experienced some of the "horrors" of those circumstances, these beings have transcended the need for much of the repetition of similar themes that might have been otherwise called for. ...*

*... There are other segments of your population that will be totally untouched by these kinds of circumstances. It is you, many of whom are tuned-in to the higher understandings also being made available en masse in these times, who will transcend the need to be caught in the grasp of any manifestation of environmental upheaval at all. ...*

*... You are not being asked to pay the supreme price of the relinquishing of your physical body in exchange for the lessons learned, as are some in other corners of your world. The price many of you have agreed to pay is far dearer than that. For you have dared to weather the virtual annihilation of an entire state of beingness that has kept you imprisoned in self-defeating patterns for lifetimes. ...”*

*-from “Oneness” by Rasha*

<http://www.pfcn.net/Bulletins/Oneness%20-%20Rasha.pdf>

# Freewill of the Higher-self

## Choosing Awakening

By Alex Kochkin

In the late 1980's and through late 1990's there was a mini-awakening –many referred to it as “god-realization”. It provided a strong connection with “Divine Mother” and to a lesser extent, “Divine Father” –both emanations of true Source. A high commonality was the opening up to a high vibrational awareness and integrating it into ones awareness and life. Individuals who were close to this process tended to notice one another through shared resonance and personal connections. They shared notes and informally supported one another's process. There were a few teachers or healers who helped facilitate this eclectic and somewhat ad hoc process. This helped connect a new “ground crew” for what would prove to be something of a “long haul” to the present time. Some were “walk-ins” whose time had come to “wake-up” and/or who had been through profound near-death-experiences. All shared a common focused intent: to extend and expand connection with the Divine Mother and energies of Creation and all that may entail.

No one spent energy discussing how to manifest money, sex, fame, or power. In fact no one in the informal networks of people encouraged such distorted banalities. The “teachers” were more like a handful of local or traveling individuals who had their own powerful awakening realizations and over time found ways to share something of what they had connected to. It was never about them nor about any methodology --it was more like an ad hoc process of addressing the major concerns and energy currents for those most in resonance. When these itinerant “teacher/facilitators” were considering showing up, someone would arrange a simple hall and the word would go out –30 to 60 people would usually come. The fees were “exorbitant” –usually a voluntary donation at the door! Someone would bring some flowers to decorate and the proceedings usually tape recorded for everyone's convenience. In addition there would be others who would find one another through an invisible higher resonance. Meeting others of like vibrational states was of enormous help to people as they tried to integrate more of the energy and awareness, especially for those who had been essentially alone during their initial “awakening”.

Out of this eclectic and spontaneous “god-realization” milieu there came many *direct* realizations of higher truths. One of these could be roughly described as “what really matters is what you choose to matter”. This was *not* about falsehoods such as self-centered “voluntarism” or worse. Indeed, within the true realization process was early training to access and utilize ones true freewill. This was very important since nearly everyone's divine birthright had been hijacked by the dark forces and already it was clear that the so many of the so-called “lightworkers” were for various reasons inaccessible by the true light and were unable to find their way to “call home”. Another higher-self realization could be described as “unity within diversity”. This was *not* the sort of false unity that is bantered about in most new age/new thought circles. In contrast to “choosing” from the hubris of illusion of being “educated and informed”, the matter of a *higher choosing* was made by the human personality *from within the greater context of connection to higher-self*.

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